Quittin' Ain't Workin'



Count: 64 Wall: 2 Level: Improver

Choreographer: Caroline Cooper (UK) - December 2022

Music: Quittin' Ain't Workin' - Larry Fleet



RESTART DURING WALL 5 AFTER 48 COUNTS FACING 6.

REPEAT THE LAST SECTION TWICE. STEP FWD R (TA DA!) FINISH THE DANCE FACING 12

S: 1 - HEEL GRIND, BACK ROCK, PADDLE TURN, PADDLE TURN (9)		
1-2	Take weight fwd onto R heel, & arc toe over two counts	
3-4	Rock back on R, recover weight to L	
5-6	Step fwd R, turn 1/8th (10.30) move your weight from R to L	

78 Step fwd R, turn 1/8th (9.00) move your weight from R to L

S: 2 - ROCKING CHAIR, V STEP (9)

1-2	Rock R fwd, recover weight to L
3-4	Rock R back, recover weight to L
5-6	Step R to R diagonal, step L to L diagonal (slightly fwd each time)

7-8 Step R back to place, then L back to place

S: 3 - STEP TOGETHER, STEP TOUCH & CLAP, STEP TOGETHER, STEP TOUCH & CLAP (SHOOP SHOOPES) (9)

1-2	Step R to R diagonal, close L next to R
3-4	Step R to R diagonal, touch L next to R
5-6	Step L to L diagonal, close R next to L
7-8	Step L to L diagonal, touch R next to L

S:4 - JUMP BACK & OUT, CLAP, JUMP BACK & OUT, FLICK, SIDE TOUCH, SIDE TOUCH (9)

&1-2	Jump back on R then L, clap
&3-4	Jump back on R then L, flick R behind L
5-6	Step R to R side, touch L next to R
7-8	Step L to L side, touch R next to L

S:5 - SIDE, BEHIND, 1/4 TURN SCUFF, 1/4 SIDE, BEHIND, SIDE, TOUCH (3)

1-2	Step R to R side, cross L behind R
3-4	1/4 turn R stepping fwd R, scuff L fwd

5-6 ½ turn R stepping L to L side, cross R behind

7-8 Step L to L side, touch R next to L

S:6 - 1/4 MONTEREY, ROCKING CHAIR (6)

1-2	Point R to R side, ¼ turn	R, closing R next to L
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3-4 Point L to L side, close L next to R
5-6 Rock R fwd, recover weight to L
7-8 Rock R back, recover weight to L

(Restart here during wall 5 facing 6)

S:7 - TOE STRUT, TOE STRUT, ROCK, RECOVER, BACK, CLOSE (6)

1-2	Step R toe fwd, drop R heel
3-4	Step L toe fwd, drop L heel
5-6	Rock fwd R, recover weight L
7-8	Step back on R, close L next to R

S:8 - TOE STRUT, TOE STRUT, ROCK, RECOVER, BACK, CLOSE (6)

1-2 Step R toe fwd, drop R heel
3-4 Step L toe fwd, drop L heel
5-6 Rock fwd R, recover weight L
7-8 Step back on R, close L next to R

Last Update: 23 Dec 2022