## 100 Proof



Count: 32 Wall: 0 Level: Advanced Beginner

Choreographer: Deb Eldredge (USA) - December 2022

Music: You Proof - Morgan Wallen



## No Tags - No Restarts

| 1 & 2 &  | Hip Sway Right, hip sway left                                      |
|----------|--|
| 3 & 4 &  | Hip Sway Right, hip sway left                                      |
| 5 & 6    | Behind and Cross (right, left, right)                              |
| 7 & 8 &  | Hip Sway Left, hip sway right                                      |
| 9 & 10 & | Hip Sway Left, hip sway right                                      |
| 11 & 12  | Behind and Cross (left, right, left)                               |
| 13 & 14  | Right Heel Grind ¼ turn  |
| 15 & 16  | Coaster Step (right, left, tap right)                              |
| 17 & 18  | Step Forward on Angle (stepping to right corner – right, tap left) |
| 19 & 20  | Step Forward on Angle (stepping to left corner – left, tap right)  |
| 21 & 22  | Rock Forward Right, Recover Left                                   |
| 23 & 24  | ½ Turn Over Right Shoulder, Shuffle Step (right, left right)       |
| 25 & 26  | Left Heel Grind 1/4 turn left                                      |
| 27 - 30  | Lindy Left (shuffle Step Left (left, right, left)                  |
| 31 & 32  | Kick Ball Change (kick right, step right, step left)               |