First, Last, Everything



Count: 32 Wall: 4 Level: Beginner

Choreographer: Kathy Kearey (AUS) - November 2022

Music: You're the First, the Last, My Everything - Barry White



Start: After 16 counts of music (after spoken intro)

STEP FORWARD RECOVER ½ TURN HOLD, STEP FORWARD RECOVER ¼ TURN HOLD

1-2 Step R forward (angling body slightly to the left), recover onto L

3-4 Turn ½ to right stepping R forward, hold

5-6 Step L forward (angling body slightly to the right), recover onto R

7-8 Turn ¼ to left stepping L to side, hold

CROSS FLICK x2, STEP BACK HITCH x2

9-10	Cross R over L, flick L back
11-12	Cross L over R, flick R back
13-14	Step R back, slightly hitch L
15-16	Step L back, slightly hitch R

SIDE ROCK CROSS HOLD x2

17-18	Step R to side.	recover onto L
17-10	OLED IN LU SIGE.	I COUVEL OFFICE

19-20 Cross R over L, hold

21-22 Step L to side, recover onto R

23-24 Cross L over R, hold

SIDE BEHIND 1/4 TURN HOLD, 1/4 TURN HOLD, HIP BUMPS x2

25-26	Step R to side, cross L behind R
27-28	Turn ¼ to right stepping R forward, hold
29-30	Turn ¼ to right stepping L forward, hold
31-32	Bump hips R, L

REPEAT

TAG: At end of wall 4 (12:00) and wall 8 (12:00) - ROCKING CHAIR HOLD x2

9-10 Step/rock forward on R, recover onto L

11-12 Step R back, hold

13-14 Step/rock back on L, recover onto R

15-16 Step L forward, hold

RESTART: On wall 10 (12:00) after 24 counts