

Fire't Up

Count: 32

Wall: 4

Level: Beginner

Choreographer: Darcy Leasure (USA) - December 2022

Music: Fire't Up - Brantley Gilbert

or: Can't Hold Us (feat. Ray Dalton) - Macklemore & Ryan Lewis



Part 1 / Tap & Slide with Grapevine Return

- 1 R tap to R side
- 2 R touch return
- 3 R Step to R
- 4 L Slide / Drag to R
- 5-8 L Grapevine to return home

Part 2 / Heels

- 1-2 R Forward Heel Dig & Return
- 3-4 L Forward Heel Dig & Return
- 5-6 R Double Heel Dig (Forward)
- 7-8 R Double Toe Tap (Behind)

Part 3 / Body Roll Back & Walk Forward

- 1-2 R Step Back (with Body Roll) & L toe touch to meet R (with L Hip Bump forward)
- 3-4 L Step Back (with Body Roll) & R toe touch to meet L (with R Hip Bump forward)
- 5-6 Walk Forward with R Lead (R step forward on 5 / L step forward on 6)
- 7 R Step Forward w/ R Hand to R Hip
- 8 L Step forward (wide stance) w/ L Hand to L Hip

Part 4 / Hip Bumps & Turning Lasso

- 1-2 Double Hip Bump R
- 3-4 Double Hip Bump L
- 5-8 ¼ turn over left shoulder with Hip Rolls (optional R arm lasso)

No Tags / No Restarts

Alternative Music: Can't Hold Us (feat. Ray Dalton) by Macklemore & Ryan Lewis
