

Jet Lag Journey

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Sandra Schuler (CH) - December 2022

Music: Jet Lag Journey - The Bellamy Brothers & Gölä : (Album: Mermaid Cowgirl)



Starts after 16 counts

Kick forward, Kick diagonal, Coaster Step, ½-TripleTurn r, Back Rock

- 1, 2 Kick RF forward, Kick RF diagonal right
- 3&4 step RF backward, put LF next to RF, step RF forward
- 5&6 turn 1/4 right stepping LF to left side, put RF next to LF, 1/4 right turn stepping LF backward (6)
- 7, 8 step RF backward, recover weight on LF

Kick-Ball-Step, Shuffle forward, ½-StepTurn r, ¼-Turn r/Side, Hitch

- 1&2 Kick RF forward, put RF next to LF, step LF forward
- 3&4 step RF forward, put LF next to RF, step RF forward
- 5, 6 step LF forward, turn ½-right on both feet (weight at the end on RF) (12)
- 7, 8 turn ¼ right stepping LF to left side, raise RKnee diagonally to LKnee (3)

Chassé, Back Rock (r + l)

- 1 +2 step RF to right side, put LF next to RF, step RF to right side
- 3, 4 step LF backward, recover weight on RF
- 5&6 step LF to left side, put RF next to LF, step LF to left side
- 7, 8 step RF backward, recover weight on LF

1/2-MontereyTurn r, Skate (r-l-r-l)

- 1, 2 point RToe to right side, turn ½ right stepping RF next to LF (9)
- 3, 4 point LToe to left side, step LF next to RF
- 5, 6 skate RF forward, skate LF forward
- 7, 8 skate RF forward, skate LF forward

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