

Flowers

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Esmeralda van de Pol (NL) - January 2023

Music: Flowers - Miley Cyrus



Intro: Start on the word "Good"

SIDE, TOGETHER, FWD, PIVOT ½ TURN R, ½ TURN R, BACK, ¼ TURN L, CROSS ROCK FWD, SIDE

- 1-2-3 Step RF to R side, Step LF next to RF, Step RF fwd
- 4&5 Step LF fwd, ½ turn R-weight on RF, ½ turn R-step back on LF 12.00
- 6-7 Step back on RF, ¼ turn – Step LF to L side 09.00
- 8&1 Rock RF across LF, Recover weight on LF, Step RF to R side**already count 1 restart wall 5&11

CROSS ROCK FWD, LOCKSTEP FWD, ROCK, RECOVER, CHASSE ¼ R

- 2-3 Rock LF across RF, Recover weight on RF
- 4&5 Step LF fwd, Step RF behind LF, Step LF fwd
- 6-7 Rock RF fwd, Recover weight on LF
- 8&1 ¼ turn R-step RF to R side, Step LF next to RF, Step RF to R side**already count 1 restart wall 2&7 12.00

HOLD, BALL STEP ¼ TURN R, HOLD, BALL STEP ¼ TURN R, CROSS, SIDE, BEHIND SIDE CROSS ROCK

- 2 Hold
- &3 Step LF next to RF, ¼ turn R-step RF slightly fwd 03.00
- 4&5 Hold, Step LF next to RF, ¼ turn R-step RF slightly fwd 06.00
- 6-7 Cross LF in front of RF, Step RF to R side
- 8&1 Step LF behind Rf, Step RF to R side, Rock LF across RF

RECOVER, SIDE, TOGETHER & SIDE TOGETHER & SIDE, BACK ROCK, RECOVER

- 2-3 Recover weight on RF, Step LF to L side
- 4&5 Step RF next to LF, Replace weight on LF, Step RF to R side
- 6&7 Step LF next to RF, Replace weight on RF, Step LF to L side
- 8& Rock RF back across LF, Recover weight on LF

Restarts: (There are not so hard as it seem like,) Music will a little bit gone for one count, but go on... That's why de dance is 4 wall, restart will change the wall you dance the two walls.

Wall 2 after 16 counts 06.00

Wall 5 after 8 counts 03.00

Wall 7 after 16 counts 09.00

Wall 11 after 8 counts 12.00

Ending: Dance up till the end of the dance and make a quit ½ turn L to facing the front

Dance With Esmeralda

Esmeralda v.d. Pol

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