

In The Sweet

Count: 48

Wall: 4

Level: Phrased High Improver

Choreographer: Gudrun Bachner (AUT) - January 2023

Music: In The Sweet By And By - Ben Hester



Phrased; ABB ABB A Restart A BB BB

~0 Tags, 1 Restart in 3rd time Part A after 28 counts

Start dance after 8 counts

Part A:

[S1] step point, step scuff-hitch, cross, back, shuffle ¼ turn

- 1-2 Step RF forward, point LF to L side
- 3&4 Step LF forward, scuff and hitch RF
- 5-6 Cross RF over LF, step back LF
- 7&8 Step back RF, close LF next to RF, turn ¼ R, step RF to R (3:00)

[S2] cross, side, behind-side-cross, side push, ¼ turn, step ½ turn

- 1-2 Cross LF over RF, step RF to R
- 3&4 Cross LF behind RF, step RF to R, cross LF over RF
- 5-6 Step RF to R with twisting upper body to R, recover on LF and twist back
- 7-8 Turn ¼ L, step RF forward, turn ½ L, weight on LF (6:00)

[S3] rock step, shuffle ½ turn, rock step, shuffle ½ turn

- 1-2 Step RF forward, recover on LF
- 3&4 Turn ½ R, step RF to R side, close LF to RF, turn ¼ R step RF forward (12:00)
- 5-6 Step LF forward, recover on RF
- 7&8 Turn ½ L, step LF to L side, close RF to LF, turn ¼ L step LF forward (6:00)

[S4] mambo forward, mambo back, heel, hook, heel, flick, close, swivel

- 1&2 Step RF forward, recover on LF, step back RF
- 3&4 Step LF back, recover on RF, step LF forward

Restart in 3rd round Part A (harmonica without singing)

- 5&6& Touch R heel forward, hook RF in front of L shin, touch R heel forward, flick RF back
- 7&8 Close RF next to LF, swivel both heels R, swivel both heels back L

Part B:

[S1] shuffle forward x2, rock step, shuffle ¾ turn

- 1&2 Step RF forward, close LF next to RF, step RF forward
- 3&4 Step LF forward, close RF next to LF, step LF forward
- 5-6 Step RF forward, recover on LF
- 7&8 Turn ¼ R and step RF to R (9:00), turn ¼ R and close LF next to RF (12:00), turn ¼ R, step RF forward (3:00)

[S2] side rock, coaster step, step pivot ½ x2

- 1-2 Step LF to L side, recover on RF
- 3&4 Step LF back, close RF next to LF, step LF forward
- 5-6 Step RF forward, turn ½ L, weight in the end L (9:00)
- 7-8 Step RF forward, turn ½ L, weight in the end L (3:00)

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