

# Solamente Una Vez

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Paqui Escandell (ES) - January 2023

Music: Solamente una Vez - Natalie Cole



No tags. No restarts.

## **(1-8) STEP SIDE, CLOSE, STEP FORWARD, ROCK FWD, ¼ TURN**

- 1- 4                    LF step to side , RF step next to LF , LF step forward , hold  
5-8                    RF rock forward , recover on LF, make ¼ turn right and RF step to side , hold (3:00)

## **(9-16) WEAVE, SWEEP, WEAVE**

- 1-4                    LF cross over RF, RF step to right side, LF cross behind RF, sweep with RF  
5-8                    RF cross behind LF, LF step to left side, RF cross over LF, hold

## **(17-24) SLOW SIDE ROCKS WITH HIP SWAYS**

- 1-4                    LF rock side (hip), recover on RF, LF together RF, hold  
5-8                    RF rock side (hip), recover on LF, RF together LF, hold

## **(25-32) SLOW FORWARD ROCK, SLOW BACK ROCK WITH HIP SWAYS**

- 1-4                    LF rock forward (hip), recover to RF, LF together RF, hold  
5-8                    RF rock back (hip), recover to LF, RF together LF, hold
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