### Someone You Loved



Count: 64 Wall: 1 Level: Phrased Improver

Choreographer: Trish Foster (AUS), Bec Jones (AUS) & David M. Lewis (USA) - December 2022

Music: Someone You Loved (Future Humans Remix) - Lewis Capaldi



#### Begin Dance after a 16 Count Introduction (12 + 5678)

Tag on Wall 4 (3:00), after 12 Counts - R Rocking Chair (3:00)

#### Sequence: Part A, B, A, A (with tag), B, A, B, A, B, A, B, A

Part A is Kinda Used to Being by David M. Lewis and Part B is Through It All by Trish Foster and Bec Jones.

#### Part A

#### [1–8] Step Touch, Step-Touch-Step, Step Touch, Step-Touch-Step

#### Instructor Words: Step-Touch, Step-Touch-Step, Step Touch, Step Touch Step

1-2 (Diagonally towards 1:30) R Step Forward, L Touch,

3&4 R Step, L Touch, R Step

5-6 (Diagonally towards 10:30) L Step Forward, R Touch,

7&8 L Step, R Touch, L Step (12:00)

#### [9-16] Knee Lock times 4, Grapevine 1/4 with Shuffle Step

#### Instructor Words: Lock, Lock, Lock, Vine Quarter Shuffle Step

1-4 R Step Backwards with the R Knee Locked, L Step Backwards with the L Knee Locked, R

Step Backwards with the R Knee Locked, L Step Backwards with the L Knee Locked

5-6 R Grapevine (first 2 steps), with a 7&8 R Shuffle step to the ¼ Turn (3:00)

#### [17–24] Pivot Turn, Shuffle Step, Rocking Chair

#### Instructor Words: Pivot Turn, Shuffle, Rocking Chair 3 4

1-2 L Step Forward to a Pivot Turn over the R Shoulder3&4 L Step Forward, R Step Together, L Step Forward

5-8 R Rocking Chair (9:00)

# [25–32] Skate Pivot, Skate, Skate Pivot, Skate, Rocking Chair Instructor Words: Skate, Skate, Skate, Skate, Rocking Chair 3 4

1-2 (Diagonally towards 7:30) R Skate into a Pivot Turn over the L Shoulder (1:30), L Skate,
3-4 (Diagonally towards 1:30) R Skate into a Pivot Turn over the L Shoulder (7:30), L Skate

5-8 (Returning to 9:00) R Rocking Chair (9:00)

#### Part B

#### [33-40] Step, Pivot Turn, Shuffle Forward, Step Pivot Turn, Shuffle Forward

### Instructor Words: Pivot Turn, Shuffle, Pivot Turn, Shuffle

1-2 R Step Forward, Turn ½ L, Weight onto L

3&4 R Step Forward, L Step Together, R Step Forward

5-6 L Step Forward, Turn ½ R, Weight onto L

7&8 L Step Forward, R Step Together, L Step Forward (9:00)

### [41-48] Side Rock-Recover, Cross Shuffle, Side, Behind, ¼ Turn Shuffle Instructor Words: Side-Rock, Cross Shuffle, Vine Quarter Shuffle Step

1-2,3&4 Rock R to right side, Recover on L, Cross R over L, Step L on L Side, Cross R over L

5-6,7&8 L Step to side, R Step behind L, Step L ¼ L, R Step next to L, L Forward (6:00)

## [49-56] Step, Pivot Turn, Kick-Ball-Change, Forward Shuffle, Step, Pivot Turn Instructor Words: Pivot Turn, Kick-Ball Change, Shuffle, Pivot Turn

1-2,3&4 R Step Forward, Turn ½ L, Kick-R Forward, Step on Ball of R next to L raising L,

Step on L

5&6,7-8 R Step Forward, Step L Together, Step R Forward, Step L Forward, Turn ½ R, Weight onto R

(6:00)

[57-64] Shuffle Forward, Pivot Turn, Kick-Ball-Change, Kick-Ball-Change Instructor Words: Shuffle, Pivot Turn, Kick-Ball-Change, Kick-Ball-Change

1&2,3-4 Step L Forward, Step R Together, Step L Forward, Step R Forward, Turn ½ L Weight on L 5&6,7&8 Kick R Forward, Step on Ball of R next to L, Step L, Kick R Forward, Step on Ball of R next to

L, Step L (12:00)

NOTE: This dance was created by merging two dances to provide a centered balance for students with hip and knee issues.

Contact Info: VolunteerLineDance@gmail.com

**Knoxville Tennessee**