Count: 32
Wall: 4
Level: Beginner Swing
Choreographer: Koesnadi N (INA) - February 2023
Music: Chains (Daniel Abraham Version) - Tina Arena

Intro 64 count, No Tag, No Restart
\#1 LONG STEP FWD TOE STRUT WITH FINGER SNAPS AND HIP BUMP (R/ L), ROLLING VINE R AND TOUCH WITH HIP UP

| 1,2 | RF tap slightly long forward, hip up, R hands swing fwd (1), Replace/down step on RF, R <br> finger snap (2) |
| :--- | :--- |
| 3,4 | LF tap slightly long forward, hip up, L hands swing fwd (3), Replace/down step on LF, L |
| fingers snap (4) |  |

\#2 $1 / 4$ L TURN, SIDE TOUCH, CROSS CHASSE, $1 ⁄ 2$ R TURN BACK SHUFFLE, BACK ROCK, RECOVER
1,2 Making $1 / 4 \mathrm{~L}$ turn LF fwd (9.00), RF side touch and hip up
3\&4 RF cross over LF, LF step side, RF cross over LF
5\&6 $\quad 1 / 4 \mathrm{R}$ turn LF back (5), RF cross over LF (\&), $1 / 4 \mathrm{R}$ turn LF back (6) (3.00)
7-8 RF Back rock, LF recover
\#3 OUT-OUT, CROSS, SIDE TOUCH, CROSS, SIDE ROCK, MODIFIED L JAZZ BOX
\&1 $\quad R F$ step to $R$ side, $L F$ step to $L$ side
2,3 RF cross over LF, LF touch to $L$ side
4\& LF cross over RF, RF rock to $R$ side (body weight on RF)
5-8 LF recover(5), RF cross over LF(6), LF back step(7), RF step to $R$ side(8)
\#4 FWD, HITCH, R ANCHOR STEP, L FULL TURN, FWD LOCK SHUFFLE
1,2 LF fwd , RF hitch
3\&4 RF back rock, LF recover, RF step in place
$5,6 \quad 1 / 2 L$ turn, $L F$ fwd, $1 / 2 L$ turn RF back (3.00)
7\&8 LF step fwd, RF lock behind LF, LF step fwd
PASSION, HAPPY AND HEALTHY DANCE
Last Update: 10 Feb 2023

