## A Day and Age

Count: 48
Wall: 4
Level: Improver - Waltz
Choreographer: Jo Thompson Szymanski (USA) - February 2023
Music: Friends for a Day and Age - Nancy Hays
(No Restarts or Tags!)
[1-6] LEFT TWINKLE, RIGHT TWINKLE
1-3 Step $L$ forward across $R(1)$; Step $R$ to right (2); Facing left diagonal step $L$ slightly forward (3)

4-6 Step R forward across L (4); Step L to left (5); Facing right diagonal step R slightly forward (6)

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[7-12] STEP, SLOW KICK, BACK TWINKLE
1-3 Step L forward toward 1:30 (1), Hitch R knee (2), Kick R forward (3) 1:30
4-6 Step R back behind L (4); Squaring up to 12:00 step L to left (5); Facing left diagonal step R
    slightly back (6)
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[13-18] BACK TWINKLE, BEHIND, $1 / 4$ TURN LEFT, FORWARD
1-3 Step $L$ back behind $R(1)$; Squaring up to 12:00 step $R$ to right (2); Facing right diagonal step L slightly back (3)
4-6 Squaring up to 12:00 step R behind $L$ (4); Turn 1/4 left stepping $L$ forward (5); Step R forward (6) 9:00
[19-24] FORWARD, $1 / 4$ TURN LEFT with SWEEP, CROSS, SIDE, BEHIND
1-3 Step $L$ forward (1); Turn 1/4 left sweeping $R$ forward over 2 counts (2-3) 6:00
4-6 Step $R$ across $L$ (4); Step $L$ to left (5); Step R behind L (6)
Note: Optional full reverse roll turning right on counts 5-6 by doing this:
Step $R$ across $L$ (4); Turn 1/4 right stepping $L$ back (5); Turn 1/2 right stepping $R$ forward (6); Turn 1/4 right to face 6:00 stepping $L$ to left on count 1 of the next section

## [25-30] SWAY LEFT, SWAY RIGHT

1-3 Large step $L$ to left with sway allowing $R$ foot to slowly drag in
4-6 Large step $R$ to right with sway allowing $L$ foot to slowly drag in
Tip: Face body slightly right on count 6 to be ready for the next step.

## [31-36] LEFT TWINKLE with $1 / 4$ TURN LEFT, RIGHT TWINKLE

1-3 Step $L$ forward across $R$; (1) Turn $1 / 4$ left stepping $R$ to right (2); Step $L$ to left (3) 3:00
4-6 Step R forward across L (4); Step L to left (5); Step R to right (6)

## [37-42] CROSS ROCKS X 2

1-3 Cross rock L over R (1); Recover weight on R (2); Step L to left (3)
4-6
Cross rock R over L (4); Recover weight on L (5); Step R to right (6)

## [43-48] SLOW TURN RIGHT, RIGHT TWINKLE

1-3 Turn 1/4 right stepping L forward (1); Slowly pivot $1 / 2$ right keeping weight on L (2-3)
4-6 Step R forward (4); Turn 1/4 right stepping $L$ to left (5); Step R in place (6) 3:00
Non-turning option: Cross L over R (1); Hold 2 counts (2-3) Step R back behind L (4); Rock L to left (5);
Recover to R (6)
Start again from the beginning.

