Perfect Day



Count: 32 Wall: 4 Level: Intermediate

Choreographer: Miia Ratilainen (FIN) - March 2023

Music: Perfect Day - Lady A



NOTES 16 counts from the beat (app. 19 seconds), TAG at the end of dance when facing 3 or 9 o'clock.

[1 – 8] SHUFFLE FORWARD TWICE, ROCK-STEP, COASTER-STEP

1 & 2	Step right forward, step left beside to right, step right forward.
3 & 4	Step left forward, step right beside to left, step left forward.

5 – 6 Rock right forward, recover onto left.

7 & 8 Step back on right, step left next to right, step right forward.

[9 - 16] ROCK-STEP, SHUFFLE BACK TWICE, COASTER-STEP

1-2 Rock left forward, recover onto right.

3 & 4Step back on left, step right beside left, step back on left.5 & 6Step back on right, step left beside to right, step back on right.

Styling: You can make two ½ left turn shuffles instead.

7 & 8 Step back on left, step right next to left, step left forward.

117 - 241 CROSS ROCK-STEP, SIDE SHUFFLE, CROSS ROCK-STEP, 1/4 LEFT TURN SHUFFLE

1 – 2 Cross rock right over left, recover onto left.

3 & 4 Step right to right side, step left beside right, step right to right side.

5 – 6 Cross rock left over right, recover onto right.

7 & 8 Step left to left side, step right beside left, make ¼ turn left stepping left forward. [9:00]

[25 - 32] (HEEL SWITCHES, STEP, 1/4 TURN LEFT PIVOT) TWICE

1&2& Touch right heel forward, step right next to left, touch left heel forward, step left next to right.

3 – 4 Step right forward, make ¼ turn left stepping left to left side. [6:00]

5&6& Touch right heel forward, step right next to left, touch left heel forward, step left next to right.

7 – 8 Step right forward, make ¼ turn left stepping left to left side. [3:00]

Start again!

TAG Danced at the end of dance each time, when facing 3 or 9 o'clock.

Note: After the TAG you should be facing the same wall as in the beginning of TAG.

[1 - 8] SIDE SHUFFLE, 1/4 LEFT TURN SHUFFLE TWICE, BACK ROCK-STEP

1 & 2	Step right to right side	, step left beside	right, step r	right to right side.
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3 & 4 Make ¼ turn left stepping left to left side, step right beside left, step left to left side.

5 & 6 Make ¼ turn left stepping right to right side, step left beside right, step right to right side.

7 – 8 Rock left behind right, recover onto right.

[9 - 16] SIDE SHUFFLE, 1/4 RIGHT TURN SHUFFLE TWICE, BACK ROCK-STEP

1 & 2 Step left to left side, step right beside left, step left to left side.

3 & 4 Make ¼ turn right stepping right to right side, step left beside right, step right to right side.

5 & 6 Make ¼ turn right stepping left to left side, step right beside left, step left to left side.

7 – 8 Rock right behind left, recover onto left.

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