Biring Manggis

Count: 76	**Wall:** 4	**Level:** High Beginner

Choreographer: Kristinawati (INA) - March 2023

Music: Biring Manggis - Trio Lamtama

Tag 8 count
Sequence A-B-A-B-C-B-B-C-C-C-C-TAG-A-B-A-B-C-B-B-B

Intro 80 count

A. 20 count
Sec 1. FORWARD WALK-TOUCH-BACK WALK-TOUCH
1-4	Step R forward, step L forwad, step R forward, touch L toe together.
5-8	Step L back, step R back, step L back, touch R toe together. (12.00)

Sec 2. 1/2 ROLLING TURN- 1/4 TURN-1/2 PIVOT
1-4	1/2 turn to right step R back(06.00), step L forward, step R forward, touch L toe together.
5-8	1/4 turn to left step L to side(03.00), 1/2 turn to left step R forward, step L in place, touch R toe together.(09.00)

Sec 3. KNEE POP
1-4	Knee (down, up, down, up)

B. 24 count
Sec 1. SIDE-TOGETHER-SIDE-TOUCH
1-4	Step R to side, step L together, step R to side, touch L toe together.
5-8	Step L to side, step R together, step R to side, touch L toe together.

Sec 2. FORWARD-TOUCH-1/4 TURN BACK-TOUCH-FORWARD-TOUCH-1/4 TURN BACK-TOUCH
1-4	Step R forward, touch L toe together, 1/4 turn to left step L back(09.00), touch R toe together.
5-8	Step R forward, touch L toe tegether, 1/4 turn to left step L back(06.00), touch R toe together.(06.00)

Sec 3. KNEE POP
1-4	Knee down and up in place (down, up, down, up)
5-8	Repeat 1-4

C. 32 count
Sec 1. TWIST
1-4	Move heel to R side, move toe to R side, move heel to R side, move toe to R side.
5-8	Move toe to L side, move heel to L side, move toe to L side, move heel to L side.

Sec 2. KNEE POP
1-4	Knee down and up in place(down, up, down, up)
5-8	Repeat 1-4

Sec 3. 1/2 TURN(TOUCH TOGETHER IN PLACE)
1-4	1/8 turn to right touch R toe, step L together, 1/8 turn to right touch R toe, step L together.
5-8	Repeat 1-4

Sec 4. 1/2 TURN(TOUCH TOGETHER IN PLACE)
1-4	1/8 turn to left touch L toe, step R together, 1/8 turn to left touch L toe, step R together.
5-8	Repeat 1-4

Tag. KNEE POP

1-4   Knee down and up in place(down, up, down, up)

5-8   Repeat 1-4