Gym Class



Count: 32 Wall: 4 Level: Improver / Intermediate - High

Energy

Choreographer: Will Altinger (USA) - March 2023

Music: Ass Back Home (feat. Neon Hitch) - Gym Class Heroes



-no tags, no restarts

[1-8] HOP/SKATE STEP (x2), LOCK STEP, ½ TURN, COASTER

1	jump step forward right on R (on diagonal)
2	jump step forward left on L (on diagonal)
3&4	Lock Step forward right (RLR) (on diagonal)

5, 6 Step R, L with 2 count ½ turn clockwise over right shoulder (6:00)

7, 8 Coaster step (LRL)

[9-16] WALK, WALK, 1/4 TURN CROSS STEP, SIDESTEP, CROSS ROCK SCUFF

1 2 Step forward on R (6:00)

3 4 Step forward on L

5 Cross Step (R over L) making a ¼ turn clockwise (9:00)

6 Step L beside R

7& Cross Rock Recover (R behind L)

8 Scuff RF

[17-24] STEP RIGHT, HOLD, BEHIND SIDE CROSS, 1/4 TURN ROCK RECOVER, COASTER

1, 2 Step R to R side, hold

3&4 Step L behind R, step R to R side, step L across R

5 ½ turn clockwise Rock R (12:00)

6 Recover L

7&8 Coaster Step back (RLR)

[25-32] STEP TAP (2X), 1/4 TURN STEP, STEP, COASTER

Step forward on L
Tap R behind L
Step R forward
Tap L behind R

5 Step L next to R with 1/4 turn clockwise (3:00 NEW wall)

6 Step R back

7&8 Coaster step (LRL)

[Optional Styling Tips]

Every 2 walls, change size/intensity of first 4 counts (hops steps, lock step)

Last Update: 16 Mar 2023