## Come and Get Your Love

Count: 36
Wall: 0
Level: Phrased Easy Improver
Choreographer: Arizona FOX (FR) - March 2023
Music: Come and Get Your Love - Redbone

Intro : 16 counts
Sequence : A,A, A,A, B,B, C, A,A, A,A, B,B, C, A,A, B,B, C, A,A (until «Kick Ball Change » and restart), A At the end of the last part $A$, have fun, sing and jump with your arms in the air when you hear "la la la la ...."

PART A (16 counts)
Section 1 - Dorothy Step Right Fwd, Dorothy Step Left Fwd, Cross Rock, Side, Cross Rock, Side
1-2\& Step right foot diagonally right forward, Step left foot behind right foot, Step right foot diagonally right forward
3-4\& Step left foot diagonally left forward, Step right foot behind left foot, Step left foot diagonally left forward
5\&6 Cross right foot in front of the left foot, Tranfer body weightof the left foot, Step right foot to the right side
7\&8 Cross left foot in front of the right foot, Tranfer body weight to the right foot, Step left foot to the left side

Section 2 - Step 1/4 turn, Kick Ball Change, Out Out, In In, Out Out, In In
1-2 Step right foot forward, $1 / 4$ turn to th left
$3 \& 4 \quad$ Kick right foot forward, \& bring the sole of the right foot next to the left foot, Transfer body weight to the left foot
RESTART HERE
\&5 Jump right foot forward diagonally right, Jump left foot forward diagonally left
\&6 Jump right foot in the center, Jump left foot in the center
\&7 Jump right foot back diagonally right, Jump left foot back diagonally left
\&8 Jump right foot in the center, Jump left foot in the center
PART B (16counts)
Section 1 - Step Right Fwd, Touch, Step Left Back, Touch, Step Right Back, Touch, Step Left Fwd, Touch
1-4 Step right foot diagonally forward right, Touch left foot next to the right foot, Step left foot diagonally back left, Touch right foot next to the left foot,
5-8 Step right foot diagonally back right, Step left foot next to the right foot, Step left foot diagonally forward left, Touch right foot next to the left foot

## Section 2 - Step $1 / 4$ Turn, Step $1 / 4$ Turn, Jazz Box

1-4 Step right foot forward, $1 / 4$ turn to the left, Step right foot forward, $1 / 4$ turn to the left
5-8 Cross right foot in front of left foot, Step left foot back, Step right foot to the right side, Step left foot next to the left

PART C (4 counts)

## Section 1 - Mambo Right Fwd, Mambo Left Back

$1 \& 2$ Step right foot forward, Tranfer body weight to the left foot, Step right foot next to the left foot
3\&4 Step left foot back, tranfer the body weight to the right foot, Step left foot next to the right foot

ENJOY AND HAVE FUN !!!!!!

