Those Were The Days



Count: 32 Wall: 2 Level: Improver

Choreographer: Heather Barton (SCO) - March 2023

Music: Those Were the Days - Richard Palmer



Intro: 20 Counts, Start at approx 13 secs

7-8

	SEC 1 Side, Together, 1/4 Side Shuffle, Side, Together, Shuffle		
	1-2	Step right to right, step left beside right	
	3&4	Step right to right, step left beside right, turn ¼ right step right forward (3:00)	
	5-6	Step left to left, step right beside left	
	7&8	Step left forward, step right beside left, step left forward	
	SEC 2 Mambo ½ Turn, ¼ Side, Behind, Side, Cross Shuffle, Side Rock Cross		
	1&2	Rock right forward, recover weight onto left, turn ½ right step right forward (9:00)	
	3-4&	Turn ¼ right step left to left, step right behind left, step left to left (12:00)	
	5&6	Cross right over left, step left beside right, cross right over left	
	7&8	Rock left to left, recover weight onto right, cross left over right	
	SEC 3 Reverse Rumba Box, Step, ½ Pivot, Toe, Heel, Cross		
	1&2	Step right to right, step left beside right, step right back	
	3&4	Step left to left, step right beside left, step left forward	
	5-6	Step right forward, pivot ½ left transferring weight onto left (6:00)	
	7&8	Touch right beside left, touch right heel beside left, cross right over left	
	SEC 4 Toe, Heel, Cross, Side Rock Cross, Side Rock Cross, Sway, Sway		
	1&2	Touch left beside right, touch left heel beside right, cross left over right	
	3&4	Rock right to right, recover weight onto left, cross right over left	
	5&6	Rock left to left, recover weight onto right, cross left over right	

Step right to right swaying hips right, sway hips left