

Ready To Be Loved

Count: 32

Wall: 4

Level: Improver

Choreographer: Sandra Speck (UK) - March 2023

Music: Ready To Be Loved - St. Lundi



Music available from iTunes

#16 count intro, approx. 8 seconds (starts on the word GROUND)

S1. SIDE BEHIND BALL CROSS SIDE, BACK ROCK, KICK BALL CROSS

- 1-2 Step right to side, step left behind right.
&3-4 Step onto ball of right, cross left over right, step right to side
5-6 Back rock on left, recover onto right.
7&8 Kick left forward, step on ball of left, cross right over left.

S2. SIDE ROCK, BACK ROCK, SIDE ROCK, SAILOR ½ TURN CROSS.

- 1-2 Rock side on left, recover on to right.
3-4 Rock back on left, recover onto right.
5-6 Rock side on left, recover on to right.
7&8 Step left behind right making ¼ turn left, make ¼ turn left stepping right to side, cross left over right.

S3. SIDE BEHIND CHASSE ¼, STEP ½ PIVOT, SHUFFLE ½

- 1-2 Step side on right, cross left behind right,
3&4 Step right to side, close left next to right, turn ¼ right stepping forward on right.
5-6 Step forward on left, pivot ½ turn right.
7&8 Step on left turning ¼ right, close right next to left, step on left making ¼ turn right.

S4. ¼ TOUCH, ¼ SHUFFLE, STEP ½ PIVOT, WALK X 2

- 1-2 Turn ¼ right stepping right to side, touch left next to right.
3&4 Turn ¼ left stepping forward on left, close right next to left, step forward on left.
5-6 Step forward on right, pivot ½ turn left.
7-8 Step forward on right, step forward on left.
-