Everything at Once 2023

Level: Improver

Choreographer: BGC (INA) - April 2023 Music: Everything at Once - Lenka

Dance Starts on Vocal

Count: 32

Restart 1 (facing 9:00): on wall 3 after 24c Restart 2(facing 12:00): on wall 8 after 24c No Tags

S1 = STEP-LOCK-STEP-BRUSH-V STEP

- 1-2 Rf step fwd , Lf lock
- 3-4 Rf step fwd , Lf Brush
- 5-6 Step R diagonal forward, step L Diagonal forward
- 7-8 Step R back to centre, step L Close beside R

S2 = MODIFIED K-STEP ¼ TURN R

- 1-2 Rf diagonal R fwd , Touch Lf
- 3-4 Lf diagonal L back , ¼ turn R (3:00) with touch Rf
- 5-6 Rf diagonal R back , Touch Lf
- 7-8 Lf diagonal L fwd, Touch Rf

S3 = RIGHT CHASSE – ROCK BACK STEP Lf – LEFT CHASSE – ROCK BACK STEP Rf

- 1 -&2 Step right to right side, step left next to right, step right to right side
- 3-4 Rock back on left, Recover onto right.
- 5-&6 Step left to left side, step right Next to left, step left to left side
- 7-8 Rock back on Right, Recover onto left

Restart 1 & 2 here

S4 = MONTEREY ½ TURN TO R – FLICK R,L

- 1-2 Touch R to right side, ¹/₂ turn right close R together
- 3-4 Touch L to left side, Close together
- 5-6 Flick R up to R side , Rf in place
- 7-8 Flick L up to L side , Lf in place

Happy Dancing & Enjoy!

Last Update - 8 Apr. 2023





Wall: 4