

# This Good Life

**COPPER** KNOB  
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Susan Reynolds (USA) - April 2023

Music: Good Vibes - Chris Janson



**No Tags or Restarts**

**Intro: 16 counts from first beat. Start with lyrics**

## **WALK, WALK, FORWARD MAMBO, WALK, WALK, COASTER**

- 1-2 Walk R forward, Walk L forward
- 3&4 Rock R forward, Recover on L, Step R back
- 5-6 Walk L backward, Walk R backward
- 7&8 Step L back, Step R back beside L, Step L forward

**Restart here on Wall 3 (6:00) after 8 counts**

## **SIDE ROCK RECOVER, SAILOR, BACK, BACK, STOMP, TOUCH**

- 1-2 Rock R to R side, Recover on L
- 3&4 Step R behind L, Step R to side, Step R in place
- 5-8 Step L back, Step R back, Stomp L beside R, Touch R beside L

## **SIDE SHUFFLE, HEEL TAPS SIDE SHUFFLE, KICK-BALL-CHANGE**

- 1&2 Step R to R side, Step L to side beside R, Step R to R side
- 3-4 Tap L heels twice
- 5&6 Step L to L side, Step R to side beside L, Step L to L side
- 7&8 Kick R forward, recover on Ball of R, Step L in place.

## **HEEL GRIND TURNING ¼ R, COASTER, BACK, BACK, STOMP, TOUCH**

- 1& Place R heel forward with toes facing in, Swivel heel to outside as turn ¼ R
- 2 Step L back
- 3&4 Step R back, Step L back beside R, Step R forward
- 5-8 Step L back, Step R back, Stomp L beside R, Touch R beside L

**See my other dance videos at: [SusanReynolds@susanreynoldslinedances](mailto:SusanReynolds@susanreynoldslinedances)**

**Questions: [shreynolds203@gmail.com](mailto:shreynolds203@gmail.com)**