

# Baby It's Still True (Walker-Rollator)

**COPPER** **KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 1

**Level:** Ultra Beginner - Walker

**Choreographer:** Rosie Multari (USA) - September 2014

**Music:** More Today Than Yesterday - Spiral Starecase

or: Build Me Up Buttercup - The Foundations

or: Build Me Up Buttercup - Glenn Rogers

or: Who Says You Can't Go Home - Bon Jovi & Jennifer Nettles



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(Walker modifications provided, with Choreographer's permission, by A.J. Herbert, [ajluv2dans@gmail.com](mailto:ajluv2dans@gmail.com), Certified Group Exercise Instructor, National Exercise Trainer's Association (NETA), including ABLE Bodies Balance Training, FallProof!, and Fitness Over Fifty.)

**Intro:** Begin on lyrics

## **SIDE SLIDE RIGHT, BACK ROCK, ROCKING CHAIR**

- 1-2 Big step right side, drag left toward right (within the width of the walker)
- 3-4 Rock left back, recover to right
- 5-8 Rock left forward, recover to right, rock left back, recover to right

## **SIDE SLIDE LEFT, BACK ROCK, ROCKING CHAIR**

- 1-2 Big step left side, drag right toward left (within the width of the walker)
- 3-4 Rock right back, recover to left
- 5-8 Rock right forward, recover to left, rock right back, recover to left

## **STEP RIGHT SIDE, LEFT, STEP SIDE, TOGETHER, FORWARD**

- 1-2 Step right side, touch left together (within the width of the walker)
- 3-4 Step left side, touch right together (within the width of the walker)
- 5-8 Step right forward, step left together, step right forward, hold

## **STEP LEFT SIDE, RIGHT, STEP SIDE, TOGETHER, BACK**

- 1-2 Step left side, touch right together (within the width of the walker)
- 3-4 Step right side, touch left together (within the width of the walker)
- 5-8 Step left back, step right together, step left back, hold

**REPEAT**

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