Μ	am	ıbe	lla



Count	: 32	Wall: 4	Level:	Improver	
Choreographer	: Gregory Da	nvoie (BEL) & Maga	ali Chabret Erh	nard (FR) - May 2023	
Music	: Mambella -	Lucenzo & Olupella	r		
S1. Walk R/L, hi	ip bump, turni	ng hip bump ¼ turn	L, cross with c	dip, side	
1-2	RF step forwa	ard, LF step forward			
3&4	RF hip bump forward (finish weight on RF)				
5&6	LF hip bump with $\frac{1}{4}$ turn to the L (finish weight on LF)				
7-8	RF cross over LF, LF step to the L				
S2. Hip rolls with	h bumps X2, r	everse paddle ½ tur	n R, back rocl	k	
1-2	RF step to the	e R with hip roll (fror	n left to right –	- finish weight on RF)	
3-4	LF step to the L with hip roll (from right to left – finish weight on LF)				
5-6	RF touch to the R with $\frac{1}{4}$ turn to the R, RF touch to the R with $\frac{1}{4}$ turn to the R				
7-8	RF back rock	, recover on L			
S3. Cross, point	, cross samba	a, cross, back, back,	drag/touch		
1-2	RF cross ove	er LF, LF touch to the	e L		
3&4	LF cross over RF, RF step forward to the R, LF step forward to the L				
5-6	RF cross over LF, LF step back to the diagonal				
7-8	RF step back	to the diagonal (ope	en here your b	oody to the R), LF touch next to RF	
S4. Step, ½ turn	L, L hip bum	p up/down twice, ba	ck, close, L tri	ple step fwd	
1-2	LF step forwa	ard, RF step back wi	th ½ turn to th	e L (weight on RF)	
&3&4	Hip bump (up	o & down) X2			
5-6	LF step back, RF step next to LF				
7&8	LF shuffle for	ward			