## Chase It With Regret

**Count: 32** 

Level: Intermediate

Choreographer: Jonno Liberman (USA) - May 2023

Music: Goodbye's Kickin' In - Brothers Osborne

| #16 Count Intro                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| [1-8] Step, 1/8,<br>1, 2<br>3, 4<br>&5, 6<br>7&8                                                                                                                             | Cross Back w/Slight Knee Lift, Weave, Side, Weave (12:00)<br>(Begin facing 10:30) Step R forward, Turn 1/8 right as you step L to left (12:00)<br>Cross R behind L as you slightly lift L knee and drag L from front to back, Cross L behind R<br>Step R to right, Cross L over R, Step R to right<br>Cross L behind R, Step R to right, Cross L over R                                                                                                                                                                                                                          |
| <b>[9-16] Collect, (</b><br>&1, 2<br>3&4                                                                                                                                     | <b>Cross, 1/8, 1/4, Cross, 1/4 Press, Drag, 1/4 Kick &amp; Point (7:30)</b><br>Step R to right, Step L next to R (style facing slightly to left diagonal), Cross R over L<br>Turn 1/8 right as you step L back (1:30), Turn 1/4 right as you step R to right (4:30), Cross L                                                                                                                                                                                                                                                                                                     |
| 5, 6<br>7&8                                                                                                                                                                  | over R<br>Open body to right as you press R toward 7:30, Drag R to L<br>Kick R toward 4:30, Turn 1/4 right as you step R next to L (7:30), Point L to left                                                                                                                                                                                                                                                                                                                                                                                                                       |
| [ <b>17-24] 1/8 Coll</b><br>1, 2<br>3&4<br>5, 6&<br>7&8                                                                                                                      | lect w/Sweep, Cross, Coaster Drag, Step, Mambo, 1/4, Cross (9:00)<br>Turn 1/8 left as you collect L next to R and sweep R from back to front (6:00), Cross R over L<br>Step L back, Step R next to L, Large step forward L as you drag R<br>Step R forward, Step L forward, Recover back onto R<br>Step L back, Turn 1/4 right as you step R to right, Cross L over R (9:00)                                                                                                                                                                                                     |
| 1, 2<br>3, 4<br>5&6<br>7&8                                                                                                                                                   | vind, Prep, 1/2, 1/2, Side Rock, Touch, Hold/Kick, Ball Step (6:00)<br>Unwind right 3/4 taking weight onto R (6:00), Step L forward (prepping to turn right)<br>Turn 1/2 left as you step R back (12:00), Turn 1/2 left as you step L forward (6:00)<br>Step R to right, Recover 1/8 left onto L (4:30), Touch R next to L as you look left and slightly<br>down<br>Hold**, Step R slightly back, Recover onto L                                                                                                                                                                 |
| Tag: The tags h<br>The first and th<br>[1-8] Step, 1/8,                                                                                                                      | a for repetitions 2, 4, and 6: Kick R slightly forward on count 7 instead of holding.<br>happen at the end of repetitions 1, 2, and 5.<br>ird tags start and finish at 6:00, the second tag starts and finishes at 12:00<br>Cross Back w/Slight Knee Lift, Weave, Side, Weave (6:00)<br>(Begin facing 4:30) Step R forward, Turn 1/8 right as you step L to left (6:00)<br>Cross R behind L as you slightly lift L knee and drag L from front to back, Cross L behind R<br>Step R to right, Cross L over R, Step R to right<br>Cross L behind R, Step R to right, Cross L over R |
| &1, 2<br>3&4<br>5&6                                                                                                                                                          | Cross, 1/4 Locking Triple, 1/2, 1/8, Touch, Hold/Kick, Ball, Step (7:30)<br>Step R to right, Step L next to R (style facing slightly to left diagonal), Cross R over L<br>Turn 1/8 right as you step L back (7:30), Turn 1/8 right as you lock R over L (9:00), Step L<br>back<br>Turn 1/2 right as you step R forward (3:00), Turn 1/8 right as you step L to left (4:30), Touch<br>R next to L as you look left and slightly down                                                                                                                                              |
| <ul> <li>7&amp;8 Hold**, Step R slightly back, Recover onto L</li> <li>**Styling option for the first tag: Kick R slightly forward on count 7 instead of holding.</li> </ul> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

**Dance Your Yaaas Off** 





Wall: 2

DanceJonnoDance@gmail.com

Last Update: 6 Oct 2023