# My Crazy Life



Count: 0 Wall: 2 Level: Improver

Choreographer: Ed Royko (USA) - June 2023

Music: Mi Vida Loca (My Crazy Life) - Pam Tillis



## ...begin the walk forward on the word COMIN'

### Set 1 WALK, WRIST SPIN

1-4 Walk forward R,L,R while spinning wrists forward 4 times around each other

5&6&7&8 R heel, return, L heel, return, stomp R foot no weight, clap, clap

1-4 Walk back R,L,R,L while spinning wrists backward 4 times around each other

5&6&7&8 R heel, return, L heel, return, stomp R foot no weight, clap, clap

#### (Repeat both parts of set 1)

#### Set 2 WALK, SHUFFLE/WALK, ROCK RECOVER, TURN

1-2, 3&4 Walk forward R,L /shuffle R,L,R

5-6, 7&8 Walk forward L,R, /rock forward on L, recover, turn 1/4 counterclockwise while stepping on L

foot

#### (Repeat set 2)

#### Set 3 SCISSORS

Rock to R, recover to L, cross R foot over left taking weight
Rock to L, recover to R foot, cross L foot over R taking weight

#### (Repeat set 3)

#### **Set 4 STEP TOUCH**

1-2	Step R foot to the right, touch L foot next to right foot
3-4	Step L foot to the left, touch R foot next to left foot
5-6	Step R foot to the right, touch L foot next to right foot
7-8	Step L foot to the left, touch R foot next to the left foot

## **Set 5 VINES**

1-4 Step R foot to right side, step L foot behind right foot, step R foot to right side, hitch left knee

while turning 1/2 turn clockwise

5-8 Step L foot to left side, step R foot behind left foot, step L foot to left side, tap R toe next to

left foot

## (Repeat set 5 and then begin the dance from the beginning)