

Feel The Dancing Beat (aka The Girl For You)

COPPERKNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Improver

Choreographer: Ann McMullan (N.IRE) - June 2023

Music: The Girl for You - Olivia Douglas



#16 Count Intro

WALLS 1 and 4

Step left half turn coaster step, step right half turn coaster step

- 1-2 Step forward on left, make half turn left stepping back on right
- 3&4 Step back on left, step right together, step forward on left
- 5-6 Step forward on right, make half turn right stepping back left
- 7&8 Step back on right, step left together, step forward on right

Step, right shuffle forward, step, rock recover back

- 1 Step forward on left
- 2&3 Step forward on right, step left beside right, step forward on right
- 4 Step forward on left *** (Tag & restart on wall 3)
- 5-6 Rock forward on right, recover onto left
- 7 Step back on right

Quarter left side rock behind and cross, Right side rock behind quarter

- 1-2 Make quarter turn left rocking left to left side, recover onto right
- 3&4 Step left behind right, step right to side, cross left over right
- 5-6 Rock right to right side, recover onto left
- 7& Step right behind left, make quarter turn left stepping on left

Step half turn left, shuffle half turn left, back rock full turn right

- 1-2 Step forward on right, make half turn left
- 3&4 Shuffle half turn left stepping R,L,R
- 5-6 Rock back on left, recover onto right
- 7-8 Make half turn right stepping back on left, make half turn right stepping forward on right

(Easier alternative for counts 7-8 walk forward left and right)

WALLS 2,5,6,7,8,9

Step left half turn coaster step, step right half turn coaster step

- 1-2 Step forward on left, make half turn left stepping back on right
- 3&4 Step back on left, step right together, step forward on left
- 5-6 Step forward on right, make half turn right stepping back left
- 7&8 Step back on right, step left together, step forward on right

Step, right shuffle forward, step, rock recover, 3 x runs back

- 1 Step forward on left
- 2&3 Step forward on right, step left beside right, step forward on right
- 4 Step forward on left
- 5-6 Rock forward on right, recover onto left
- 7&8 Run back on right, left right

Quarter left side rock behind and cross, Right side rock behind quarter

- 1-2 Make quarter turn left rocking left to left side, recover onto right
- 3&4 Step left behind right, step right to side, cross left over right
- 5-6 Rock right to right side, recover onto left
- 7-8 Step right behind left, make quarter turn left stepping on left

Step half turn left, shuffle half turn left, back rock full turn right

- 1-2 Step forward on right, make half turn left
 - 3&4 Shuffle half turn left stepping R,L,R
 - 5-6 Rock back on left, recover onto right
 - 7-8 Make half turn right stepping back on left, make half turn right stepping forward on right
- (Easier alternative for counts 7-8 walk forward left and right)**

Tag during Wall 3 : After 12 counts then restart dance

- 1-2 Rock forward on right, recover onto left
- 3&4 Step back on right, step left beside right, step forward on right

Tag at end of Wall 6 facing 6 o'clock

- 1-2 Rock forward on left, recover onto right
- 3&4 Step back on left, step right beside left, touch left toe beside right

After wall 9 you will be facing 12 o'clock

- 1-2 Rock forward on left, recover onto right
- 3&4 Step back on left, step right beside left, step forward on left

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