

Bumpin', Grindin', Bouncin'

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Kevin Cabrera (USA) - July 2023

Music: Headphones - Jackie Lee



Intro: 16 counts (0:10)

*1 Tag / 0 Restarts

R Triple Side, 1/4 Turn Triple Side, 1/4 Turn Triple Side, 1/4 Turn Triple Side

- 1&2 Triple side to the right (R,L,R) (1&2)
- 3&4 1/4 turn over left shoulder into triple side with the left (L,R,L) (3&4) (9:00)
- 5&6 1/4 turn over right shoulder into triple side with the right (R,L,R) (5&6) (6:00)
- 7&8 1/4 turn over left shoulder into triple side with the left (L,R,L) (7&8) (3:00)

Heel Grind, 1/4 Turn, Coaster Step, Steps, Flick

- 1,2 Right heel grind (1), 1/4 turn to right (2) (12:00)
- 3&4 Coaster step right (R,L,R) (3&4)
- 5,6 Step forward left (5), step forward right (6)
- 7,8 Step forward left (7), right foot flick with 1/4 turn to the left (8) (9:00)

Cross Point, Step Pivot, Full Turn, Claps

- 1,2 Cross right over left (1), point left out to the left (2)
- 3,4 Step forward left (3), 1/2 turn pivot over right shoulder (4) (3:00)
- 5,6 Full turn over right shoulder (5,6) (3:00)
- 7,8 Step together with left (7), two claps (&8)

Bump, Body Roll, Drop Down, Ball Change, Pivot, Kick

- 1,2 Hip bump to the right (1), body roll (2)
- 3,4 Drop down into a squat (3), pop weight up (4)
- 5,6 Ball change on the right (R,L) (5), step forward on the right (6)
- 7,8 1/2 turn pivot to the left over the left shoulder (7) (9:00), right kick

TAG: Tag is done at wall 7 after dancing the first 28 counts, after the bump, grind, and bounce. You will stomp 4 times with the right foot and then go straight into the third count of eight where right foot crosses over the left foot, point, step with the left foot, pivot to the full turn, and continue as previously written.

- 1,2,3,4 Right foot stomps 4 times (1-4)
- 1,2 Cross right over left (1), point left out to the left (2) (This is the choreography to the 3rd count of 8)