Count: 64 Wall: 4 Level: Beginner
Choreographer: Foo Sally (MY) - July 2023
Music: Hey My Love - DEEPSYSTEM


Deep System ( 3.17 mins track)
BEGIN DANCE APPROXIMATELY AT 18 COUNTS (0.10sec of track)

## Dance sequence : No tag no restart

(1-8) SEC. 1 : SHOULDER SHIMMY, ( FORWARD STEP TOGETHER) X 4
1-2
(1) RF step forward , (2) LF step beside RF (shoulder shimmy )
3-4
(3) RF step forward, (4) LF step beside RF (shoulder shimmy )
5-6 (5) RF step forward , (6) LF step beside RF (shoulder shimmy )
7-8 (7) RF step forward, (8) LF step beside RF (shoulder shimmy)
(9-16) SEC 2 : SHOULDER SHIMMY , (BACKWARD STEP TOGETHER ) X 4
1-2
(1) RF step backward, (2) LF step back next to RF ( shoulder shimmy)
3-4
(3) RF step backward, ( 4 ) LF step back next to RF ( shoulder shimmy)
5-6 (5) RF step backward, ( 6 ) LF step back next to RF ( shoulder shimmy)
7-8 (7) RF step backward, (8) LF step back next to RF ( shoulder shimmy)
(17-24) SEC 3: RF CROSS OVER LF , RECOVER , LF CROSS OVER RF ,RECOVER RF SAILOR ,RECOVER, LF SAILOR ,RECOVER.
1 \& 2
(1) RF cross over LF , (\&)LF in place
(2) RF recover to right
3 \& 4
(3) LF cross over RF ,
(\&) RF in place (4)
(4) LF recover to left
5 \& 6
(5) RF cross behind LF (\&)LF in place
(6) $R F$ recover to right
$7 \& 8$
(7) LF cross behind RF
(\&) RF in place
(8)LF recover to left
(25-32 ) SEC 4: BOTA FOGOS FORWARD $x 4$,
1 a 2
(1) RF step forward
(a) bounce
(3) LF step to side
3a4
(3) LF step forward
(a) bounce
(4) RF step to side
5 a 6
(5) RF step forward
(a) bounce
(6) LF step to side
7 a 8
(7) LF step forward
(a) bounce
(8) RF step to side
( 33-40) SEC 5 : RF STEP IN PLACE, ( LF LATIN CROSS STEP, RF STEP TO SIDE,LF LATIN CROSS STEP , RF FORWARD TOUCH , RF BEHIND TOUCH ) X 2
1-2 -3 (1) RF step in place ,(2) LF cross over RF with knee slightly bend , (3) RF step to side,
4
(4) LF cross over RF with knee slightly bend

5-6
(5) RF forward touch (6) RF touch behind LF

7-8
(7) RF forward touch
(8) RF touch behind LF
(41-48) SEC 6 : RF STEP BACK, LF STEP TO LEFT SIDE , RF STEP CLOSE TO LF, LF STEP TO SIDE , JAZZ BOX $1 / 4$ TURN RIGHT.

1
(1) RF step back

2-4
(2)LF step to left side
(3) RF step beside LF, (4) LF step to side

5-8
(5) RF cross over LF,
(6) LF step back
(7) RF $1 / 4$ turn right, (8) LF step beside RF.
(49-56 ) SEC 7 : SHOULDER SHIMMY , CIRCULAR STEP TOGETHER RIGHT,
1-2,
(1) $1 / 4$ turn right step RF forward
(2) step LF close to RF
3-4
(3) $1 / 4$ turn right step RF forward
(4) Step LF close to RF
5-6
(5) $1 / 4$ turn right step RF forward
(6) step LF close to RF
7-8
(7) $1 / 4$ turn right step RF forward
(8) step LF close to RF
(57-64) SEC 8: SHOULDER SHIMMY ,CIRCULAR STEP TOGETHER LEFT.
1-2,
(1) $1 / 4$ turn left step $R F$ forward ,(2) step LF close to RF

3-4
(3) $1 / 4$ turn left step RF forward R4) Step LF close to RF

5-6
(5) $1 / 4$ turn left step RF forward (6) step LF close to RF

7-8
(7) $1 / 1 / 4$ turn left step RF forward (8) step LF close to RF

End of dance. Happy dancing
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