Cooking With Grease



Count: 32 Wall: 2 Level: Intermediate

Choreographer: Linda LeClaire (USA) - July 2023

Music: Grease - Lainey Wilson



Walk, walk, mambo step, Walk back, back, Rock, recover, turn 1/2 Right

1 - 2 Walk forward right, left

3&4 Rock forward Right, recover Left, step back on Right

5 - 6 Walk back left, right

7&8 step back Left, step forward on Right, turn ½ right

Sailor Steps Right and Left, Sway forward and back on diagonal, Behind, side, touch

1&2 Right sailor step (Right behind left, left to left, right to right)
3&4 Left sailor step (Left behind right, right to right, left to left)
5 - 6 Place right foot on diagonal swaying forward and back
7&8 Behind with right, side with left, touch with right

*Restarts occur here

[&] Heel and touch, & heel and touch, Big step, Coaster step

Step back on right, then left heel on diagonal, step back on left, touch right to left Step back on right, then left heel on diagonal, step back on left, touch right to left

5 – 6 Big step to right with right, touch left to right

7&8 Left back, right back, left forward

Kick, ball, heel, Sailor step, Kick, ball, heel & Swivels RLRL (down and up)

1&2 Kick right forward, recover on ball of right foot, left heel forward on diagonal

Left sailor step (Left behind right, right to right, left to left)

5&6 Kick right forward, recover on ball of right foot, left heel forward on diagonal

&7&8& Swivel right, left, right, left (down slightly on first right, left, then back up on second right, left)

*Two Restarts after 16 counts - on walls 3 and 6

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