Count: 32
Wall: 4
Level: Improver
Choreographer: Brenda Shatto (USA) \& Barbara Tobin (USA) - July 2023
Music: Only the Lonely - The Motels

1 Restart, 1 Restart/Step Change: See below for details
Intro: 16 counts. Weight on left.
[1-8] Step, hold, $1 / 2$ right pivot, step, close, step, hold
1,2 Step R forward, hold
3,4 Step L forward, 1/2 right pivot (weight on R) [6:00]
5,6,7 Step L forward, close R, step L forward
8
Hold
[9-16] 1/2 left turn with sweep, behind side, cross rock, recover, side, hitch with body twist
1,2 Turn 1/2 left stepping $R$ back [12:00], sweep $L$ from front to back [12:00]
3,4 Cross $L$ behind $R$, step $R$ to right *Restart/Step Change Wall 10*
5,6 Cross rock $L$ over $R$, recover $R$
7,8 Step $L$ to left, hitch $R$ knee and twist upper body slightly to right
*Restart Wall 3, facing [6:00]*
[17-24] 1/4 left cross shuffle, $1 / 4$ left turn arc shuffle, rocking chair
1\&2 Cross $R$ over $L$, step $L$ to left, $1 / 4$ left turn step $R$ forward [9:00]
3\&4 In arc pattern: 1/4 left turn step L forward [6:00], close R, step L [6:00]
5,6 Rock R forward, recover L
7,8 Rock R back, recover L
[25-32] 1/2 left turn back shuffle, rock recover, $1 / 4$ right turn left chasse, rock recover
1\&2 $\quad 1 / 4$ left turn step $R$ to right [3:00], close $L, 1 / 4$ left turn step $R$ back [12:00]
3,4 Rock L back, recover $R$
5\&6 $\quad 1 / 4$ right turn step $L$ to left [3:00], close $R$, step $L$ to left [3:00]
7,8 Rock R back, recover L
Restart Wall 3 after 16 counts: Start at [6:00], restart dance facing [6:00]
Restart/Step change Wall 10: Start at [12:00]. After count 10: Continue to sweep L from front to back (count 11), step $L$ behind $R$ (count 12), and restart dance facing [12:00]

Ending: Wall 12 start at [3:00]. After count 24 [9:00] make $3 / 4$ turn left.
1,2 $\quad 1 / 2$ turn left step $R$ back, $1 / 4$ turn left step $L$ to side [12:00]
Contact the choreographers with your questions: brenshatto@yahoo.com; barbara.tobin@yahoo.com 7/11/2023

