

Stop My Heart

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner - Rumba

Choreographer: John Dembiec (USA) - August 2023

Music: You Stop My Heart - Melanie Fiona



#32 intro on hard beat

****Restart on wall 5 after 16 counts; see note below**

[1-8] RUMBA BOX FORWARD, HOLD (X2)

1-4 Step R to R, Step L next to R, Step R forward, HOLD

5-8 Step L to L, Step R next to L, Step L forward, HOLD

[9-16] SCISSOR STEP, HOLD, ¼ TURN, VINE

1-4 Step R to R, Step L next to R, Step R over L, HOLD

5-8 Make ¼ turn R stepping L back, Step R to R, Step L over R, Step R to R (3:00)

****RESTART: On wall 5, restart here and replace count 8 with a R touch next to L****

[17-24] BACK STEPS WITH SWEEPS, WEAVE, HOLD

1-4 Step L back, Sweep R front to back, Step R back, Sweep L front to back

5-8 Step L behind R, Step R to R, Step L over R, HOLD

[25-32] STEP TOUCH STEP KICK, ½ TURNING WEAVE

1-4 Step R forward diagonal R, Touch L behind R, Step L back, Kick R forward

5-6 Step R behind L, Make ¼ turn L stepping L forward

7-8 Making ¼ turn L step R to R, Step L behind R

REPEAT AND HAVE FUN !!!!!
