The Train



Count: 32 Wall: 4 Level:

Choreographer: Unknown - June 2019

Music: 5,6,7,8 - Steps



RIGHT GRAPEVINE HEEL JACK, LEFT GRAPEVINE HEEL JACK

1-2 Step right to side, cross left behind

&3&4 Step right slightly back, touch left heel forward, step left, cross right over left

5-6 Step left to side, cross right behind

&7&8 Step left slightly back, touch right heel forward, step right, cross left over right

ROCK, RECOVER LEFT, SHUFFLE ½ Turn, ROCK, RECOVER RIGHT, SHUFFLE ½ Turn

1-2 Rock forward on right foot, recover on left
3&4 Turn ½ to right shuffle (right, left, right)
5-6 Rock forward on left foot, recover on right
7&8 Turn ½ to left shuffle (left, right, left)

STOMP, JUMPING JACK, CROSS/UNWIND 3/4 TURN

1-2 Stomp right, stomp left

3-4 Jump feet apart, jump feet together crossing right over left

5-6 Unwind ¾ turn to the left 7-8 Stomp right, stomp left

HIPS RIGHT X2, HIPS LEFT X2, LEFT/RIGHT HIP ROLL X2

1-2 Push hips right twice3-4 Push hips left twice5-6 Roll hips left to right

7-8 Roll hips left to right (pull fists in for two counts during this roll)

REPEAT

Email: felicityksr@aol.com