

Eastbound and Down

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner - fast

Choreographer: Georgie Mygrant (USA) - August 2023

Music: East Bound And Down - Herb Alpert



Intro: 16 counts

Step Fwd. R/L, Touch R fwd. Touch R Side, Slight diagonally

1-4 Step R fwd. Touch L to R, Step L fwd. Touch R to L
5-8 Touch R fwd. Touch R side, Step on L

Jazz Box ¼ R, Walk back R/L/R/L

1-4 Step R over L, Step back on L turning ¼ R, Step on R. Step on L
5-8 Walk back, R/L/R/L (Tiny Steps)

Side Rock and Hold R/L

1-4 Step R to R side, Step on L, Step R to L and hold
5-8 Step L to L side, Step on R, Step L to L and hold.

Step fwd. R/L/R turn ½ L on R, Step on L, Step fwd. R/L/R, Repeat ½ turn

1-4 Step R/L/R fwd. turning ½ L on R, Step on L
5-8 Step fwd. R/L/R turning ½ on R, Step on L

Start Over! No Tags!

That's it! Just a nice and fast routine for beginners, but looks advanced! Let me know if you like it and please do not alter routine without my permission.

Thank You, Georgie. I would appreciate your vote if you like it! mygeo@adamswellsa.com or mygrantg@gmail.com