Count: 32
Wall: 4
Level: Beginner - fast
Choreographer: Georgie Mygrant (USA) - August 2023
Music: East Bound And Down - Herb Alpert

Intro: 16 counts
Step Fwd. R/L, Touch R fwd. Touch R Side, Slight diagonally
1-4 Step R fwd. Touch L to R, Step L fwd. Touch R to L
5-8 Touch R fwd. Touch $R$ side, Step on $L$
Jazz Box ¼ R, Walk back R/L/R/L
1-4 Step R over $L$, Step back on $L$ turning $1 / 4 R$, Step on R. Step on $L$
5-8 Walk back, R/L/R/L (Tiny Steps)
Side Rock and Hold R/L
1-4 Step $R$ to $R$ side, Step on $L$, Step $R$ to $L$ and hold
5-8 Step $L$ to $L$ side, Step on R, Step $L$ to $L$ and hold.
Step fwd. R/L/R turn $1 / 2 L$ on R, Step on $L$, Step fwd. R/L/R, Repeat $1 / 2$ turn
1-4 Step $R / L / R$ fwd. turning $1 / 2 L$ on $R$, Step on $L$
5-8 Step fwd. R/L/R turning $1 / 2$ on $R$, Step on $L$

## Start Over! No Tags!

That's it! Just a nice and fast routine for beginners, but looks advanced! Let me know if you like it and please do not alter routine without my permission.
Thank You, Georgie. I would appreciate your vote if you like it! mygeo@adamswellsa.com or mygrantg@gmail.com

