Girl In The Mirror



Count: 100 Wall: 4 Level: Phrased Improver

Choreographer: Russibell Seoh (KOR) - August 2023

Music: Girl In The Mirror (feat. Frawley) - Hong Jin Young (홍진영)



Intro: 8 Counts

Tag (8 Counts): R Side & Hip Sway R L R, 1/4 L Turn Weight On L Hitch R, Chest Pop Twice, Hand

Movement

1234 R Side & Hip Sway R L R, 1/4 L Turn Weight On L Hitch (Or Flick) R

56 Touch R Next To L & Chest Pop Twice

7&8 R, L, R Hand, In Order, Stretch Out As If Hitting The Sky.

Restart: At Wall 7 (Part A) Is Only Danced To 28 Counts

At This Time 28 Count is Change Step

Hold

Sequence: A, A, Tag (8), B, C, A, Tag (8), B, C, A (28), B, C

Part A: 32 Counts Part B:32 Counts Part C: 36 Counts

Part A: 32 Counts

A Sec1: Prissy Walk R, Hold, Prissy Walk L, Hold, R Cross, L Diagonal Back, R Side Long Step At This

Time Drag L To R Over Two Counts

1234 Prissy Walk R, Hold, Prissy Walk L, Hold

5678 R Cross, L Diagonal Back, R Slde Long Step Drag L To R Over Two Counts

A Sec2: Prissy Walk L, Hold, Prissy Walk R, Hold, L Cross, R Diagonal Back, 1/4 L Turn L Side Long Step

At This Tme Drag R To L Over Two Counts

1234 Prissy Walk L, Hold, Prissy Walk R, Hold

5678 L Cross, R Diagonal Back, 1/4 L Turn L Side Long Step At This Tme Drag R To L Over Two

Counts

A Sec3: Rock R Fwd, Recover On L, 1/2 R Turn Shuffle Fwd, 1/4 R Pivot Turn, Coaster

Rock R Fwd, Recover On L 12

3&4 1/4 R Turn R Side, Closr L Next To R, 1/4 R Turn Step R Fwd

56 Step L Fwd, 1/4 R Pivot Turn Weight On R 7&8 L Back, Together R Next To L, L Fwd

A Sec4: Touch R Next To L & Hand Movement, Place Head Over Right Shoulder, In Place Step R, Point L To L Side, Drag L To R & Touch Close L Next To R, Point L To L Side, Drag L To R & Step Close L Next To

R

1 Touch R Next To L & Place The Back Of R Hand Lightly Next To R Forhead

2 Take a pose in which the palm of your right hand is lightly placed on your forehead.

With your right hand, place your head over your right shoulder. 3

4 In Place Step R

56 Point L To L Side, Drag L To R & Touch L Next To R

78 Point L To L side, Drag L To R Side & Finally Close L Next To R

Part B: 32 Counts

B Sec1: In Place Skate R To The R & Hip Sway R, In Place Skate L To The L Hip Sway L & R Flick X 3, 1/8 L Turn Touch Together R & Claps

In Place Skate R To The R & Hip Sway R ,In Place Skate L To The L Hip Sway L & R Flick
In Place Skate R To The R & Hip Sway R ,In Place Skate L To The L Hip Sway L & R Flick
In Place Skate R To The R & Hip Sway R ,In Place Skate L To The L Hip Sway L & R Flick
In Place Skate R To The R & Hip Sway R ,In Place Skate L To The L Hip Sway L & R Flick
In Place Skate R To The R & Hip Sway R ,In Place Skate L To The L Hip Sway L & R Flick
In Place Skate R To The R & Hip Sway R ,In Place Skate L To The L Hip Sway L & R Flick
In Place Skate R To The R & Hip Sway R ,In Place Skate L To The L Hip Sway L & R Flick
In Place Skate R To The R & Hip Sway R ,In Place Skate L To The L Hip Sway L & R Flick
In Place Skate R To The R & Hip Sway R ,In Place Skate L To The L Hip Sway L & R Flick
In Place Skate R To The R & Hip Sway R ,In Place Skate L To The L Hip Sway L & R Flick
In Place Skate R To The R & Hip Sway R ,In Place Skate L To The L Hip Sway L & R Flick
In Place Skate R To The R & Hip Sway R ,In Place Skate L To The L Hip Sway L & R Flick

Styling: Clap three times while getting up from a seated position.

B Sec2: 3/8 R Turn Diamond Step, Whisk R L,

1&2 R Cross, 1/8 R Turn Step L Side, 1/8 R Turn Step R Back (1:30)

3&4 L Back, 1/8 R Turn Step R Side (3:00), Cross L Over R

5&6 R Side, Press Ball Of R, R In Place 7&8 L Side, Press Ball Of L, L In Place

B Sec3 : Side R Rock , Recover On L, Behind R , L Side , 1/4 L Turn R Fwd , L Side Rock , Recover On R , 1/4 L Turn Sailor

12 Side R Rock, Recover On L

3&4 Behind R, L Side, 1/4 L Turn R Fwd (12:00)

56 L Side Rock, Recover On R

7&8 1/4 L Turn Cross L Behind R (9:00), R Side, Step L To L Diagonall Fwd

B Sec4 : Step R Fwd , 1/2 L Pivot On L , Fwd Walk R L , R Side & Hip Sway R L R , Jump & Put Your Feet Together

12 Step R Fwd , 1/2 L Pivot On L (3:00)

34 Fwd Walk R L

R Side & Hip Sway R L RJump & Put Your Feet Together

Styling: As you sway your hips, Swing your head in the same direction.

Part C: 36 Counts

C Sec1: Rocking Chair X 2 & Hand Movement

1234 Rock R Fwd , Recover On L, Rock R Back , Recover On L

Styling: Raise your index finger up and lower it, making an open letter L to the left and lifting it up.

Rock R Fwd , Recover On L, Rock R Back , Recover On

Styling: Raise your index finger up and lower it, making an open letter L to the left and lifting it up.

C Sec2: 1/4 R Turn Rocking Chair, R SIde & Hip Sway R L R, Jump Up Put Your Feet Together

1234 Rock R Fwd, Recover On L, 1/4 R Turn Rock R Back, Recover On L (3:00)

Styling: Raise your index finger up and lower it, making an open letter L to the left and lifting it up.

567 R Slde & Hip Sway R L R

Option: Shake your head in the same direction as your hips.

8 Jump Up Put Your Feet Together

C Sec3 & C Sec4 = C Sec 1 & C Sec2 C Sec 5 : Pose + Handmovement

1234 Slowly Draw The Letter L To R For Four Counts

Enjoy The Dance!! lora3@naver.com