Count: 32
Wall: 4
Level: Intermediate
Choreographer: Francisco Alderete (USA) - August 2023
Music: Physical - Dua Lipa

Tags: 2
**Dance begins after 32 counts of the song**
[Counts 1-8] R scuff, out RL, Knee Roll In R, Sailor Step R, Sailor Step L
1\&2- $\quad>$ scuff fwd, small step out $R$, small step out $L$
3,4- $\quad>\mathrm{R}$ knee roll in to $L$ "knee scoop"
5\&6- $\quad>$ Step $R$ behind $L(5)$, step $L$ to $R(\&)$, step $R$ fwd to $R$ side(6)
7\&8- $\quad>$ Step $L$ behind $R(7)$, steo $R$ to $L(\&)$, step $L$ fwd to $L$ side(8)
[Counts 9-16] L kick $1 / 4$ turn, L coaster step, L $1 / 4$ turn, heel twist RL, right leg side kick
9,10- $\quad>$ Step $R$ foot in place(9), kick $L$ leg and $1 / 4$ turn to $L(10)$
11\&12- $\quad>$ Step back $L(11)$, step $R$ to $L(\&)$, step fwd $L(12)$
13,14- $\quad>$ Step fwd $R(13), 1 / 4$ turn to $L$ \& twist feet to make toes point to $L(14)$
15\&16- $\quad>$ twist heel towards $L$ toes pointed to $R(15)$, twist heels towards $R$ toes pointed to $L(\&)$, twist $L$ heel towards $L \&$ kick $R$ leg out to the side(16)
[Counts 17-24] Sailor Step R, Sailor Step L, heel grind $1 / 4$ turn R, Coaster Step R, Scuff Hitch R
17\&18- $\quad>$ Step $R$ behind $L(17)$, step $L$ to $R(\&)$, step $R$ fwd to $R$ side(18)
19\&20- $\quad>$ Step $L$ behind $R(19)$, step $R$ to $L(\&)$, step $L$ fwd to $L$ side(20)
21,22- $\quad>$ Heel grind and $1 / 4$ turn to the $R$
23\&24- $\quad>$ Step back $R(23)$, step $L$ to $R(\&)$ step scuff $R$ \& hitch $R$ knee up(24)
[Counts 25-32] Heel bounce 1 ¹2 L turn, L Coaster step, Pause \& Clap Twice
25\&26\&27\&28-> Heels on floor(25), heels off floor and turn $1 / 8$ to $L(\&)$, heels on floor(26), heels off floor and turn $1 / 4$ to $L(\&)$, heels on floor(27), heels off floor and turn $1 / 8$ to $L(\&)$, heels on floor with $L$ foot fwd(28)
29\&30- $\quad>$ Step back $L(29)$, step $R$ to $L(\&)$, step $L$ fwd to $L$ side(30)
31\&32- $\quad>$ Leave weight on L \& stay in place(31), clap hands twice(\&32)

1st Tag **will happen before you start the dance at wall 3**
[Counts 1-8] R Cross, Step, L Touch, L Cross, Step, R Touch, Jazz Box
$1,2,3,4-\quad>$ Cross $R$ over $L(1)$, step $L$ out and tap $L$ toe(2), Cross $L$ over(3), step $R$ out and tap $R$ toe(4)
$5,6,7,8-\quad>$ Cross $R$ over $L(5)$, Step $L$ back(6), step $R$ to $R$ side(7), step $L$ together to $R(8)$
2nd Tag **will happen before you start dance at wall 5**
[Counts 1-8] L back hitch, R back hitch, Coaster Step, Pause \& Clap Twice
1,2- $\quad>L$ hitch step back(1), land $L$ foot on floor(2)
3,4- $\quad>R$ hitch step back(3), land $R$ foot on floor(4)
5\&6- $\quad>$ Step back $L(5)$, step $R$ to $L(\&)$, step $L$ fwd to $L$ side(6)
7\&8- $\quad>$ leave weight on L \& stay in place(7), clap hands twice (\&8).

