

# Poor Poor Pitiful Me

**COPPER** **KNOB**  
BY STEPHEN METZ

**Count:** 32

**Wall:** 2

**Level:** Improver

**Choreographer:** Peter O'Shea (AUS) - September 2023

**Music:** Poor, Poor Pitiful Me - Terri Clark



**Start: after 32 counts**

## **SIDE TOUCH x 2, SIDE SHUFFLE, ROCK BACK RECOVER**

1-2 step R to side, touch L together  
3-4 step L to side, touch R together  
5&6 shuffle to side stepping R, L, R  
7-8 step/rock L back, recover to R

## **SIDE TOUCH x 2, SIDE SHUFFLE, ROCK BACK RECOVER**

9-10 step L to side, touch R together  
11-12 step R to side, touch L together  
13&14 shuffle to side stepping L, R, L  
15-16 step/rock R back, recover to L

## **SIDE TOGETHER SHUFFLE FORWARD x 2**

17-18 step R to side, slide L together  
19&20 shuffle forward stepping R, L, R  
21-22 step L to side, slide R together  
23&24 shuffle forward stepping L, R, L

## **HEEL TOGETHER x 2, ½ MONTEREY TURN**

25-26 touch R heel forward, step R together  
27-28 touch L heel forward, step L together  
29-30 point R to side, bring R together turning ½ right  
31-32 point L to side, step L together

## **REPEAT**

### **Tags and Restart:**

**1st rocking chair tag at end of wall 2 (12.00)**

**Then restart after 16 counts (12.00)**

**2nd rocking chair tag at end of wall 5 (6.00)**

**3rd rocking chair tag at end of wall 8 (12.00)**

**Last Update: 2 Apr 2024**