Forever in My Heart

Count: 32

Level: Beginner

Choreographer: Lorraine Macmillan (NZ) - September 2023 Music: This Is Not Goodbye - Johnny Reid

This dance is dedicated to my pal, Anne in Melbourne - because we never say goodbye.

Start: On the second word of the vocals, "left" (approximately 7 seconds from start of the track).

STEP FORWARD, TOUCH TOE BACK, STEP BACK, TOUCH HEEL FWD, COASTER STEP, SCUFF

- Step R forward, Touch L toe back, Step L back, Touch R heel forward 1,2,3,4
- 5,6,7,8 Step R back, Step L beside R, Step R forward, Scuff L forward

ROCK, RECOVER, 1/4 LEFT TURN, HOLD, PIVOT 1/4 LEFT X2

- Step forward on Left, recover on Right, Step L 1/4 left, Hold 9,10,11,12
- 13,14,15,16 Step forward on Right, pivot 1/4 left, Step forward on Right, pivot 1/4 left

ROCKING CHAIR, MONTEREY TURNING ¼ RIGHT

Step forward on R, Rock back on L, Step back on R, Rock fwd on L 17,18,19,20

21,22,23,24 Touch R to side, Turn 1/4 R, Touch L to side, Step L beside R

V STEP (Out, Out, In, In), SIDE TOUCH, SIDE TOUCH

Step R fwd diagonal R, Step L fwd diagonal L, Return R foot back, Step L foot beside R 25,26,27,28

29,30,31,32 Step R to side, Touch L beside R, Step L to side, Touch R beside L

Restart.

TAG: One tag (facing 6 o'clock) at the end of the 11th wall: Vine R, Vine L, Restart.

- 1,2,3,4 Step R to side, Step L behind, Step R to side, Touch L next to R
- 5,6,7,8 Step L to side, Step R behind, Step L to side, Touch R next to L

Last Update: 9 Sep 2023





Wall: 2