Just Get Through Day One



Count: 32 Wall: 4 Level: Beginner

Choreographer: Georgie Mygrant (USA) - September 2023

Music: Day One - Carly Pearce



Intro: 8 Counts

Lindy R, Jazz Box in Place

1&2-3-4 Step to R, R/L/R, Rock back on L, return fwd. on R
5-8 Step L over R, Step back on R, Step on L, Step on R

Lindy L, Jazz Box ¼ R

1&2-3-4 Step to L, L/R/L, Rock back on R, return fwd. on L

5-8 Step R over L, Step back on L turning 1/4 R, Step on R, Step on L

Zig-Zag R fwd. Rocking Chair

1-4 Step R fwd. diagonally, touch L fwd. to R, Step L fwd. diagonally, touch R to L

5-8 Rock R fwd. Step back on L, Rock R back, Step fwd. on L

Pivot ½ L, Jazz Box in Place

Step R fwd. turning ¼ L on L, Step R fwd. turning ¼ L on L
Step R over L, Step back on L, Step on R, Step on L

That's it! I hope you like this fun routine. Easy for all beginners, or for a good warm-up. The song ends on the first Lindy R, Jazz box, For the L Lindy you can turn to the front to end routine. Try it a few times to get the feel of it. This routine will go with any 32 count song without tags. Please let me know if you like it. All I ask is that you do not alter routine without my permission. If you have any problems, please contact me and I will do my best to help you. Thank you, Georgie mygeo@adamswells.com or mygrantg@gmail.com