We Gotta Hold On

Count: 64

1-2

3-4

7-8

1-2 3-4

7-8

1-2

3-4

5-6

7-8

1-2

3-4

5-6

7-8

1-2 3-4

5-6

7-8

3-4

5-6

Level: Easy Intermediate

Choreographer: Lesley Kidd (UK) & Hayley Goy (UK) - September 2023 Music: Hold On - Trey Connor

Introduction 32 counts from start of vocals SECTION 1 Stomp, hold, 1/2 turn, shuffle forwards, full turn Stomp R forward, hold Step forward L, turn 1/2 R 5&6 Step forward L, step R beside L, Step forward L Turn $\frac{1}{2}$ L, stepping R back, turn $\frac{1}{2}$ L stepping L forward (6:00) SECTION 2 Stomp, hold, rock forward, recover, ¼ turn shuffle, cross, side Stomp R forward, hold Rock forward L, recover onto R 5&6 Turn ¼ L, stepping L to L side, step R beside L, Step L to L side Step R across L, step L to L side (3:00) SECTION 3 Behind, sweep, behind, ¼ turn, ¼ turn, hold, back rock, recover Step R behind L, sweep L from front to back Step L behind R, Step 1/4 R Step 1/4 R, stepping L to L side, hold Rock back R, recover onto L (9:00) SECTION 4 Side shuffle, ¼ shuffle, ¼ shuffle, ¼ shuffle 1&2 Step R to R side, step L beside R, step R to R side 3&4 Turn ¼ L stepping L to L side, step R beside L, step L to L side 5&6 Turn 1/4 L stepping R to R side, step L beside R, Step R to R side 7&8 Turn ¼ L stepping L to L side, step R beside L, step L to L side (12:00) Restart here on wall 4 SECTION 5 Step, sweep, step, sweep, forward rock, recover, side rock, recover Step forward R, sweep L from back to front Step forward L, sweep R from back to front Rock forward R, recover onto L Rock R to R side, recover onto L (12:00) SECTION 6 Back, sweep, back, sweep, back rock, recover, side rock recover Step back R, sweep L from front to back Step back L, sweep R from front to back Rock back R, recover onto L Rock R to R side, recover onto L (12:00) SECTION 7 Cross shuffle, 1/2 hinge turn, cross rock, side shuffle 1&2 Step R across L, step L to L side, step R across L Turn ¼ R, stepping back on L, turn ¼ R stepping R to R side Rock L across R, recover onto R

7&8 Step L to L side, step R beside L, step L to L side (6:00)

SECTION 8 Weave with 1/4 turn, 1/2 turn, 2x walks

- 1-2 Step R across L, step L to L side
- 3-4 Step R behind L, turn 1/4 L stepping L forward



Wall: 4

- 5-6 Step R forward, turn ½ L, weight onto L
- 7-8 Step R forward, step L forward (9:00)

RESTART: There is one restart which happens on wall 4, at the end of section 4

ENDING: The dance finishes at the end of wall 8.

Replace the two walks at the end of the dance with a $\frac{1}{2}$ pivot turn left, to bring you back to 12:00, step forward R and "ta-dah!"