Yin Yang Girl

Count: 16

Level: Beginner

Choreographer: Alisa Hart (USA) - October 2023

Music: Yin Yang Girl - Morgan Wallen

No tags, no restarts

*dance starts on count 20 after the music starts

Step L foot forward, rocking your weight forward and back, heel toe sit, bump hips R and L.

- 1&2 Step L foot forwards, Rock weight forward, back, forward. (weight on L)
- 34 Swivel heels to the R, Swivel toes to the R and sit on your R hip.
- 5678 Bump L hip up, down(x2). Step down on your L foot, sit on your L hip, Bump R hip up, down(x2).

Jazz box ¼ turn, Mambo R, Mambo L, Paddle turn.

- 1&2 Jazz box with 1/4 turn.
- 3&4 5&6 Mambo step L, Mambo step R.
- 78 Paddle turn(pushing with L foot for a ¼ turn to the R).

Last Update: 20 Jan 2024





Wall: 2