Mi Vida



Count: 32 Wall: 4 Level: High Beginner

Choreographer: Arisps (INA) - October 2023

Music: Dj Samuel Kimkò Ft. El 3mendo a Aaron Paris - Mi Vida - I passi ufficiali del

ballo



No Tag No Restart

Intro Dance: 32 Count

SECT 1: WEAVE - JAZZ BOX

1 - 4 Cross RF over LF, step LF to side, cross RF behind LF, touch LF to side
5 - 8 Cross LF over RF, step RF back, step RF to side, close RF next to LF

SECT 2: WEAVE - 1/4 JAZZ BOX TURN RIGHT

1 - 4 Cross LF over RF, step RF to side, cross LF behind RF, touch RF to side

5 - 8 Cross RF over LF, 1/4 turn right step LF back, step RF to side, close LF next to RF

SECT 3: MAMBO SIDE (R,L) - WALK FWD R,L - KICK BALL CHANGE

1 & 2	Step RF to side, recover on LF, close RF next to LF
3 & 4	Step LF to side, recover on RF, close LF next to RF
- 0	W II 6 1 1 D 1

5 - 6 Walk forward R, L

7 & 8 Kick RF fwd, close RF next to LF, step LF in place

SECT 4: ANCHOR STEP - SAILOR STEP

1 & 2	Rock RF behind LF, recover on LF, step RF next to LF
3 & 4	Rock LF behind RF, recover on RF, step LF next to RF
5 & 6	Cross RF behind LF, step LF to side, step RF to side
7 & 8	Cross LF behind RF, step RF to side, step LF to side

Happy fun Dancing □

Last Update: 2 May 2025