

# Cowboys and Plowboys

**COPPER KNOB**  
STEPPERS

**Count:** 32

**Wall:** 4

**Level:** Improver / Novice

**Choreographer:** Maili Põldpere (EST) - October 2023

**Music:** Cowboys and Plowboys - Jon Pardi & Luke Bryan



**Restart:** wall 2, 5 and 10 dance 16 counts

## WAVE RIGHT, CROSS SHUFFLE

- 1-2 RF step right, LF step behind
- &3-4 RF step right, LF across, RF step side
- 5-6 LF step behind, RF step side
- 7&8 LF across, RF step next to LF, LF across

## RF SIDE, LF ¼ STEP FWD, RF SHUFFLE FWD, FULL TURN, LF SHUFFLE FWD (restart in walls 2, 5 and 10)

- 1-2 RF step side, LF step forward with ¼ turn L (facing 09:00)
- 3&4 RF step forward, LF step next to RF, RF step forward
- 5-6 LF step back turning ½ R (facing 03:00), RF step forward turning ½ R (facing 09:00)
- 7&8 LF step forward, RF step next to LF, LF step forward

## HIP BUMPS, HIP SWAYS/HIP CIRCLES

- 1&2 RF touch forward with hip bump, hip bump L, take weight on RF
- 3&4 LF touch forward with hip bump, hip bump R, take weight on LF
- 5-6 RF step R side with hip sway, sway hips to L
- 7-8 sway hips to R, sway hips to L with weight on L

## RF PIVOT ½, STEP FWD 2X, RF SHUFFLE FWD, TRIPPLE FULL TURN

- 1-2 RF step forward, pivot ½ turn to L stepping LF forward (facing 03:00)
- 3-4 RF step forward, LF step forward
- 5&6 RF step forward, LF step next to RF, RF step forward
- 7&8 LF step back turning ½ R (facing 09:00), RF step next to LF turning ¼ R (facing 12:00), LF step forward turning ¼ R (facing 03:00)

**RESTART:** Wall 2, 5 and 10 dance 16 counts and restart

**NOTE:** On lyrics „Both make the world go 'round boys“ do 2 hip-rolls instead of hip sways;  
On lyrics "Hold her tight while the sun goes down" twist your arms around your waste while doing 2 steps forward.