

Hurt Me

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Lewis Waring (UK) - October 2023

Music: Hurt You - Cody Jinks



Intro count 40 counts, as drums kick in

[1-8] CROSS ROCK, CHASSE, CROSS ROCK, CHASSE

- 1-2 Cross R over L, recover.
- 3&4 Step R to R side, bring L to R, step R to R side.
- 5-6 Cross L over R, recover.
- 7&8 Step L to L side, bring R to L, step L to L side.

[9-16] PIVOT ¼, PIVOT ¼, JAZZ BOX WITH A CROSS

- 9-10 Step forward on R, pivot ¼ over L shoulder
- 11-12 Step forward on R, pivot ¼ over L shoulder
- 13-14 Cross R over L, step L back
- 15-16 Step R next to L, cross L over R.

[17-24] CHASSE, BACK ROCK, CHASSE, BACK ROCK

- 17&18 Step R to R side, bring L to R, step R to R side
- 19-20 Rock L behind R, recover
- 21&22 step L to L side, bring R to L, step L to L side
- 23-24 Rock R behind L, recover.

[25-32] POINT, SIDE, SAILOR STEP, POINT, SIDE, SAILOR ¼ TURN

- 25-26 Touch R toes forward, touch R toes to R side
- 27&28 Step back on R, bring L to R, step forward on R.
- 29-30 Touch L toes forward, touch L toes to L side
- 31&32 Step back on L, turn ¼ over left shoulder bringing R to L, step L forward.

END OF DANCE

*1 Tag, 1 Restart.

Restart wall 2 after 16 counts

Tag wall 3, Repeat the first 8 counts.