Pick Up the Phone

Count: 32

Level: Beginner

Choreographer: Moe Qureshi (USA) - November 2023

Music: Phone (feat. Sam Tompkins & Em Beihold) - Meduza

Dance Start When Artists says the word Something

- Section 1 {1-8}: Side Rock R, R crossing shuffle , Side Rock L, Behind side Forward
- Rock out to the R side, Recover on L 1-2
- 3&4 R Crossing Shuffle (cross R over L, Step L to side, Cross R over L)
- 5-6 Rock L out to side, Recover on R
- L being R, R to R side, L forward 7&8

Section 2{9-16}: Triple Step Forward R,L,R, Step Forward L, Pivot ½ over R shoulder, Triple Step L,R,L, R Mambo Step.

- 1&2 Triple Step Forward R,L,R
- 3-4 Step Forward on L, Pivot ¹/₂ over R shoulder
- 5&6 Triple Step L,R,L
- 7&8 Rock Forward on R, Recover on L, Step back on R

Section 3 {17-24}: Step Forward on L, Hold, Heel bounces x2 ¼ R, Hip Sways

- 1-2 Step Forward on L, Hold
- Heel Bouce x2 while doing a 1/4 turn over R shoulder 3-4
- 5-8 Sway hip R, Sway hip L, Sway hip R, Sway hip L weight on L

Section 4 {25-32}: Sailor Step X2, Jazz Box

- Cross R behind L, step L to L side, step R to R side 1&2
- 3&4 Cross L behind R, Step R to R side, Step L to L side
- Cross R over L, Step L back, step R to Side, Cross L over R. 5-8

Tag Happens Here on Wall 8 after 32 counts are done

Tag 4 Counts: V step

- 1-4 Step R to R diagonal, Step L to L diagonal, Return R to center, Step L next to R.
- Lets Dance! Have Fun!

Contact Moegureshi11@gmail.com

Last Update - 15 Nov. 2023 - R2





Wall: 4