

# Asi Es La Vida Bachata

COPPERKNOB  
STEPSHEETS

Count: 80

Wall: 2

Level: Phrased Improver

Choreographer: Ana Maria Salas Sitges (ES) - November 2023

Music: ASI ES LA VIDA - Enrique Iglesias & Maria Becerra



Parte A 16 counts, Parte B 32 counts, Parte C 32 counts.

Seq: AA-BB-CC-AA-BB-CC-AA

## PARTE A

### [1-8] ROCK TOGETHER TOUCH X2

1-2 RF rock fwd , LF recover  
3-4 RF together LF, LF touch  
5-6 LF rock fwd, RF recover  
7-8 LF together RF, RF touch

### [9-16] ROCK SIDE CROSS, ½ TURN R

1-2 RF side , LF recover  
3-4 RF cross behind LF , hold  
5-6 LF step fwd, ½ R RF  
7-8 LF together RF, RF touch

## PARTE B

### [1-8] BASIC BACHATA R, ROCK COASTER STEP.

1-2 RF step R side, LF together RF  
3-4 RF step R side, LF touch next to RF  
5-6 LF rock fwd, RF recover  
7&8 LF back, RF next to LF, LF step fwd

### [9-16] WALK X3, ¼ TURN X2 L

1-2 RF step fwd, LF step fwd  
3-4 RF step fwd, LF touch next LF  
5-6 LF ¼ L side, RD touch next to LF  
7-8 RF ¼ L side, LF touch next to RF

### [17-24] BASIC BACHATA CROSS FWD, CROSS BWD

1-2 LF step L side, RF cross over LF  
3-4 LF step L side, RD touch next to LF  
5-6 RF step R side, LF cross back RF  
7-8 RF step R side, LF touch next to RF

### [25-32] FULL TURN L SIDE, STEP FWD HOLD X2

1-2 LF ¼ L side, RD ¼ L side  
3-4 LF ½ L side, RF touch next to LF  
5-6 RF step fwd, hold  
7-8 LF step fwd, hold

## PARTE C

### [1-8] ROCK CHASSE, ½ R , CROSS OVER

1-2 RF rock fwd, recover LF  
3&4 RF step R side, LF together RF, RF step R side  
5-6 LF step fwd ¼ to R side , recover RF ¼ R side  
7&8 LF cross over RF, RF step R side, LF cross over RF

**[9-16] ROCK SIDE SAYLOR ¼ R, ½ , ¼ TURN R**

- 1-2 RF step R side, recover LF
- 3&4 RF cross behind LF, ¼ turn R LF side L, RF step fwd
- 5-6 LF step fwd, RF ½ turn R side
- 7-8 LF step fwd, RF ¼ turn R side

**[17-24] ROCK CHASSE, ½ L , CROSS OVER**

- 1-2 LF rock fwd, recover RF
- 3&4 LF step L side, RF together LF, LF step L side
- 5-6 RF step fwd ¼ to L side , recover LF ¼ L side
- 7&8 RF cross over LF, LF step L side, RF cross over LF

**[25-32] ROCK SIDE SAYLOR ¼ L, ½ , ¼ TURN L**

- 1-2 LF step L side, recover RF
- 3&4 LF cross behind RF, ¼ turn L RF side R, LF step fwd
- 5-6 RF step fwd, LF ½ turn L side
- 7-8 RF step fwd, LF ¼ turn L side

**watch arms on video**

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