All Joy No Stress

Count: 32

Level: Beginner

Choreographer: Gail A. Dawson (USA) - November 2023 Music: All Joy No Stress - Rhett Walker

Intro - 16 Counts

Locking Steps

- 1, 2 R step diagonally forward, L lock behind R
- 3, 4 R step diagonally forward, L brush
- 5, 6 L step diagonally forward, R lock behind L
- 7, 8 L step diagonally forward, R brush

Rock, Recover, Step, Hold, Back, Back, Back, Touch

- 1, 2 R rock forward, recover to L
- 3, 4 R step back, hold
- 5, 6 L step back, R step back
- 7, 8 L step back, R touch beside L
- *** RESTART HERE ON WALL 4

Side, Together, Side, Touch, Side, Together, 1/4 Turn, Touch

- 1, 2 R step to R, L step beside R
- 3, 4 R step to R, L touch beside R
- 5, 6 L step to L, R step beside L
- 7, 8 L step turning ¼ to L (9 o'clock), R touch beside L

Rock Front, Rock Side, Sailor Touch

- 1, 2 R rock forward, recover to L
- 3, 4 R rock to R, recover to L
- 5, 6 R step behind L, L step beside R
- 7, 8 R step in place, hold

Last Update: 15 Jan 2024





Wall: 4