MerakitLah (172 Days)



Count: 32 Wall: 4 Level: Improver

Choreographer: Arra (INA) - December 2023

Music: Rakit - Nadzira Shafa: (Album: 172 Days OST)



Intro: 32 count - No Tag & No Restart

S.1: Side-Behind side Cross Rock-Recover-CrossRock-Recover-side-Spot turn ½ L		
1 2&3	Step RF to side-step LF behind R-step RF to side-Cross LF over R	
4&5	Recover to R-step LF beside R-Cross RF over L	
6&7	Recover to L-step RF beside L-Step LF forward	

8&1 Step RF forward-turn ½ Left step LF in place-Step RF forward (06.00)

S.2: Full turn-Sweep from back to front-Weave-Sweep from front to back

2&3	Turn ½ right step LF back-Turn ½ right step RF forward-Step LF forward with sweep from
	back to front
4&5	Cross RF over L-Step LF to side-Cross RF behind L with Sweep from front to back
6&7	Cross LF behind R-Step RF to side-Cross LF over R
8&1	Recover to L-Step LF to side-Cross RF over L

S.3: Turn 1/4 R-Together-Walk Forward-Hith-Back with Sweep

2&3	Turn ¼ right step LF back-Together-Step LF Forward (09.00)

4&5 Walk forward R-L-R with hith

6-7 Step LF to back with RF sweep from front to back-Step RF to back with LF sweep from front

to back

8&1 Cross LF behind L-Step RF to side-Cross LF over R

S.4: Recover-Cross-rock-Recover-Sway-Drag with touch

2&3	Recover to R-Step LF to side-Cross RF over L
4&5	Recover to L-step RF to R side-Sway L
6-7-8	Sway R-L-Drag RF to L with touch

Enjoy the Dance

Dancing with your heart

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