Trauma



Count: 32 Wall: 2 Level: Low Intermediate

Choreographer: Ryan (INA), Kiki (INA) & Ida Budiwati (INA) - December 2023

Music: Trauma - Aan Story & Elsya



Intro: 8 counts - 3 Tags - 1 Restart.

Section 1 - BASIC NC R	. SIDE. BEHIND	. SIDE. CROSS SWEEP	. CROSS. SIDE. 1/4 L	COASTER STEP

1-2&	Step R to side (1), cross	L slightly behind R (2) cross R over L	(&)
1 20			21, 01000 IX 0VC1 E	. • .

3-4& Step L to side (3), cross R behind L (4), step L to side (&)

5-6& Cross R over L and sweep L to front (5), cross L over R (6), step R to side (&) 7-8& 1/8 turn Left step L back (7), step R back (8) step L next to R (&), (10.30)

Section 2 - FORWARD, ½ R PIVOT, FORWARD, ½ L, ¼ L, RECOVER, PRESS, RECOVER, SWAY R-L, HITCH

1-2&	Step R forward (1), Step L forward (2), ½ turn Right step R in place (&)
3-4&	Step L forward (3), ½ turn Left step R back (4), ¼ turn Left step L to side (&)

5&6& ¼ turn Left rock R to side (5), recover on L (&), press R cross over L (6), recover on L(&)
7&8 Step R to side and Sway to Right (7), sway to Left (&), Hitch L to Left side (weight on R)

(06.00)

Section 3 - SIDE, BEHIND, SIDE, CROSS SWEEP, CROSS, SIDE, BEHIND SWEEP, ¼ R COASTER STEP, PRESS, RECOVER

1-2&	Step L to side (1) cross	R behind I	(2) step I to s	ide (&)
1 20	Ctop L to blac (. ,, 0. 000	I V DOI III IG L	(Z), clop L to C	

3-4& Cross R over L and sweep L to front (3), cross L over R (4), step R to side (&)

5-6& Cross L behind R and sweep R to back (5), ¼ turn Right step R back (6), step L next to R (&)

7-8& Step R forward (7), press L forward (8), recover on R (&) (09.00)

Section 4 - BACK SWEEP (3X), BACK, RECOVER, 1/4 L BASIC NC R, BASIC NC L

1 - 3 Step L back and sweep R to back (1), step R back and sweep L to back (2), Step L back and

sweep R to back (3)

Step R back (4), recover on L (&), ¼ turn Left step step R side (5)

Cross L slightly behind R (6), cross R over L (&), step L to side (7)

8& Cross R slightly behind L (8), cross L over R (&) (06.00)

*Restart on Wall 3 after 8 counts

*** 3 TAGs: -

*Tag 1 (2 counts) after wall 1:

SWAY R-L

1 - 2 Step R to side and sway to Right (1), sway to Left (2)

**Tag 2 (2 counts) on wall 4 after 16 counts :

BASIC NC L

1-2& Step L to side (1), Cross R slightly behind L (2), cross L over R (&)

***Tag 3 (4 counts) on wall 6 after 16 counts :

SIDE, HOLD (3C)

1 - 4 Step L to side (1), hold (2-4)

Enjoy The Dance!

^{*}Restart here on wall 3

