## The Only One

Count: 32
Wall: 4
Level: Improver
Choreographer: Duma Kristina S (INA) - January 2024
Music: My Only One (No Hay Nadie Más) - Sebastián Yatra \& Isabela Merced


Intro 32 counts - Start dance on vocal lyrics
*1 tag, 1 restart
S1. Walk Forward R-L, Anchor Step, Sweep L-F, Coaster Step
1-2 Step RF forward(1), Step LF forward (2)
3 \& $4 \quad$ Rock RF back (3), Recover on LF (\&), Step RF back (4)
5-6 Sweep LF from front to back (5), Sweep RF from front to back (6)
7 \& 8 Step LF back (7), Step RF together (\&), Step LF forward (8)
S2. Walk R-L, Sailor Step $1 / 4$ Turn Right, Cross - $1 / 4$ Turn Left, Sailor Step
1-2 Step RF forward (1), Step LF forward (2)
3 \& $4 \quad$ Turn $1 / 4$ right Step RF behind LF (3), Step LF to left side(\&), Step RF to right side (4)
5-6 Cross LF over RF (5), Turn $1 / 4$ left Step RF back (6)
7 \& $8 \quad$ Step LF behind RF (7), Step RF to right side (\&), Step LF forward (8)
S3. Toe Strut, 1/4 L, Behind Side Cross, Side Rock. Behind Side Forward
1-2 Touch Toe R diagonal forward(1), Step RF in place (2)
3 \& $4 \quad$ Turn $1 / 4$ left Step LF behind RF (3), Step RF to R side (\&), Cross LF over RF (4)
5-6 Rock RF to right side(5), Recover on LF (6)
7 \& $8 \quad$ Step RF behind LF (7), Step LF to left side (\&), Step RF forward
S4. Pivot $1 / 2$ turn left $2 x$, Forward rock , Anchor Step
1-2 Step LF forward (1), Turn $1 / 2$ right Step RF in place (2)
3-4 Step LF forward (3), Turn $1 / 2$ right Step RF in place (4)
5-6 Rock LF forward (5), Recover on RF (6)
7 \& 8 Step LF back (7), Step RF in place (\&), Step LF in place(8)
Tag (32c) on wall 5 after 16 counts
S1. Walk Forward L-R, Pivot $1 / 2(2 x)$
1-2 Step RF forward, Step LF forward
3-4 Step RF forward, Turn $1 / 2$ left Step LF in place
5-6 Step RF forward, Step LF forward
7-8 Step RF forward, Turn $1 / 2$ left Step LF in place
S2. Side Rock. Behind Side Cross (L-R)
1-2 Rock RF to right side, Recover on LF
3 \& $4 \quad$ Step RF behind LF (7), Step LF to left side (\&), Cross RF over LF
5-6 Rock LF to left side, Recover on RF
7 \& 8 Step LF behind RF, Step RF to right side (\&), Cross LF over RF
S3. Repeat S1
S4. Stomp, Hold 3x, Sway R-L (2x)
1-2 Stomp RF to right side (1), Hold (2)
3-4 Hold (3), Hold (4)
5-6 Sway R (5), Sway L (6)
7-8 Sway R (7), Sway L (8)

