

# Lose Control - Winter Waltz

Count: 96

Wall: 2

Level: Improver

Choreographer: Toni Scholefield (CAN) - January 2024

Music: Lose Control (feat. Kelly Clarkson) - Teddy Swims



**Intro: Starts after only 6 beats**

## **(1) CROSS SWEEP LEFT, CROSS SWEEP RIGHT**

- 1-2-3 Cross left over right, hold (2 counts)
- 4-5-6 Sweep right from back to front
- 7-8-9 Cross right over left sweep, hold (2 counts)
- 10-11-12 Sweep left from front to back

## **(2) TWINKLE LEFT, TWINKLE RIGHT, WEAWE RIGHT, DRAG LEFT TOGETHER**

- 1-2-3 Cross left over right, step right to right side, step left together
- 4-5-6 Cross right over left, step left to left side, step left together
- 7-8-9 Cross left over right, step right to right side, step left behind right
- 10-11-12 Step right to right side, drag left together (2 counts)

## **(3) FULL TURN LEFT, CROSS ROCK RIGHT AND LEFT, STEP RIGHT TO SIDE, TOUCH LEFT, HOLD**

- 1-2-3 Step left forward 1/4 turn left, right forward 1/4 turn left, left to side 1/2 turn left
- 4-5-6 Cross rock right over left, recover left, step right together
- 7-8-9 Cross rock left over right, recover right, step left together
- 10-11-12 Step right to side, touch left together, hold

## **(4) BOX, REVERSE TURN**

- 1-2-3 Step left forward, right to right side, step left together
- 4-5-6 Step right back, left to left side, right together
- 7-8-9 Step left forward, right to side 1/4 turn left, step left together
- 10-11-12 Step right back 1/8 turn left, left to side 1/8 turn left, right together (6:00)

## **(5) LEFT FORWARD, POINT RIGHT TO SIDE, HOLD, RIGHT FORWARD, POINT LEFT TO SIDE, HOLD**

- 1-2-3 Step left forward, hold (2 counts)
- 4-5-6 Point right to right side, hold (2 counts)
- 7-8-9 Step right forward, hold (2 counts)
- 10-11-12 Point left to side, hold (2 counts)

## **(6) CROSS LEFT BEHIND RIGHT, ROCK RIGHT TO SIDE, RECOVER LEFT, CROSS RIGHT BEHIND LEFT, ROCK LEFT TO SIDE, REPEAT**

- 1-2-3 Cross left behind right, rock right to side, recover left
- 4-5-6 Cross right behind left, rock left to side, recover right
- 7-8-9 Cross left behind right, rock right to side, recover left
- 10-11-12 Cross right behind left, rock left to side, recover right

## **(7) LEFT FORWARD, RIGHT PIVOT 1/2 TURN LEFT, LEFT FORWARD, RIGHT FORWARD, REPEAT**

- 1-2-3 Step left forward, hold (2 counts)
- 4-5-6 Step right pivot 1/2 turn left, step left forward, step right forward
- 7-8-9 Step left forward, hold (2 counts)
- 10-11-12 Step right pivot 1/2 turn left, step left forward, step right forward

## **(8) FORWARD BASIC, BACK BASIC, ROCK LEFT TO SIDE, RIGHT BEHIND LEFT, RECOVER LEFT, ROCK RIGHT TO SIDE, LEFT BEHIND RIGHT, RECOVER RIGHT**

- 1-2-3 Step left forward, right together, step left together

4-5-6	Step right back, left together, right together.
7-8-9	Rock left to left side, right behind left, recover left
10-11-12	Rock right to right side, left behind right, recover right

**\*ENDING: After Wall 5, step left 1/2 turn to face 12:00 and point right to side**

**\*WALL SEQUENCE: 12, 6, 12, 6, 12**

**Last Update: 22 Jan 2024**

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