A Polka Dot Bikini

Level: Absolute Beginner / Beginner

Choreographer: Jan Martin (AUS) - January 2024

Music: Itsy Bitsy Teenie Weenie Yellow Polka Dot Bikini - The Mamas

Start on Vocals1 Restart Wall 2

Count: 40

Sec1: K STEP

1-2	Step R fwd to R diagonal, Touch L next to	R
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- 3-4 Step L back to L diagonal, Touch R next to L
- 5-6 Step R back to R diagonal, Touch L next to R
- 7-8 Step L fwd to L diagonal, Touch R next to L

Sec 2: RIGHT AND LEFT VINES WITH TOUCHES

- 9-12 Step R to R, Step L behind R, Step R to R, Touch L next to R
- 13-16 Step L to L, Step R behind L, Step L to L, Touch R next to L
- (Rolling vines Optional)

Sec 3: ROCKING CHAIR, ¼ R TURNING JAZZBOX

- 17-20 Rock R fwd, recover onto L, Rock R back, recover onto L
- 21-24 Step R over L, Step L back, Turn ¼ R step weight on R, Step L next to R.

Sec 4: ROCK RECOVER, TRIPLE STEP (RIGHT & LEFT)

- 25-26 Rock fwd on R, Recover weight on L
- 27&28 Step in Place R,L,R.
- 29-30 Rock fwd on L, Recover on R
- 31&32 Step in Place L,R,L.

RESTART Here wall 2 after 32 counts Facing (6.00)

Sec 5: STOMP R FWD, SWIVEL HEEL, TOE, HEEL, (L, R, L)

STOMP L FWD, SWIVEL HEEL, TOE, (R,L) STOMP R NEXT TO L

- 33-34 Stomp R slightly fwd to R diagonal, swivel L heel in towards R heel
- 35-36 Swivel L toe in towards R heel, swivel L heel in towards R heel
- 37-38 Stomp L slightly fwd to L diagonal, swivel R heel in towards L heel
- 39-40 Swivel R toe in towards L heel, stomp R next to L.

Last Update: 18 Jan 2024





Wall: 4