

Medley Lord of the Dance

Count: 0

Wall: 0

Level: Phrased Intermediate

Choreographer: Country Club Bennett (34) - January 2024

Music: Lord of the Dance - Ronan Hardiman



(medley of three dances: Lord of the Dance, Coastin, Celtic Slide)

Note: it is important to start the dance on the right beat so that the steps match the changes in the music

Sequence: A, A, A, B, C, C, C (omit last part of dance on third wall), D, D, C, C

(Replace ½ turn with ¾ turn and L shuffle with a L triple step in place)

PART A (Lord of the Dance)

Note: no available step sheet for this section so steps taken from the dance video

Part A is done all the way though for three walls, ending with an extra stamp of the R foot on the last wall.

RIGHT SHUFFLE, LEFT SHUFFLE, TOE IN AND OUT, ½ TURN R

- 1&2 Shuffle Right
- 3&4 Shuffle Left
- 5&6 Right toe out and in, Left toe out
- 7-8 Cross Left over right and unwind Right to back wall

RIGHT SHUFFLE, LEFT SHUFFLE, TOE IN AND OUT, ½ TURN R

- 1&2 Shuffle Right
- 3&4 Shuffle Left
- 5&6 Right toe out and in, Left toe out
- 7-8 Cross Left over right and unwind Right to front wall

SWEEP RIGHT, TRIPLE STEP, SWEEP LEFT, TRIPLE STEP

- 1-2 Sweep Right Foot forward and around
- 3&4 Triple in place Right, Left, Right
- 5-6 Sweep Left Foot forward and around
- 7&8 Triple in place Left, Right, Left

RIGHT SHUFFLE, PIVOT, LEFT SHUFFLE, PIVOT

- 1&2 Shuffle Right
- 3-4 Step forward on Left and pivot Right to back wall
- 5&6 Shuffle Left
- 7-8 Step forward on Right and pivot Left to front wall

STEP RIGHT, LEFT, RIGHT, CROSS SHUFFLE, SWEEP RIGHT, TRIPLE STEP

- 1-2& Step Right, Step Left behind Right, Step Right
- 3&4 Cross Shuffle, Left, Right, Left
- 5-6 Sweep Right Foot forward and around
- 7&8 Triple in place, Right, Left, Right

STEP LEFT, RIGHT, LEFT, CROSS SHUFFLE, SWEEP LEFT, TRIPLE STEP ¼ TURN LEFT

- 1-2& Step Left, Step Right behind Left, Step Left
- 3&4 Cross Shuffle, Right, Left, Right
- 5-6 Sweep Left Foot forward and around
- 7&8 Triple in place, Left, Right, Left while turning ¼ turn Left

PART B (TAG 1)

Description: steps taken from video

Note: Part B is part of the dance, Coastin – second and third set of steps from that dance and is only done

once during the dance

IRISH HEEL/TOE TOUCHES (TWICE, RIGHT THEN LEFT)

Place hands on hips during next 16 counts

- | | |
|-------|------------------------------------------------------------------------|
| 17&18 | Touch right heel forward, step right together, touch left toe together |
| 19&20 | Touch left heel forward, step left together, touch right toe together |
| 21-24 | Repeat 17-20 |

RIGHT FORWARD, SIDE, TRIPLE (RIGHT THEN LEFT)

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|-------|----------------------------------------------------|
| 25-26 | Touch right heel forward, touch right heel to side |
| 27&28 | Triple in place right, left, right |
| 29-30 | Touch left heel forward, touch left heel to side |
| 31&32 | Triple in place left, right, left |

PART C (COASTIN')

Description: 40 Wall: 4 Level: beginner/intermediate

Choreographer: Ray & Tina Yeoman

On-line Stepsheet (with videos):

<https://www.copperknob.co.uk/stepsheets/60412/coastin>

Note: Part C is danced before and after Part D - The first time, dance it all the way through for two walls and then on the third wall just dance the first, second and third set of steps...and then go right into Part D, Celtic Slide (you can hear the change in the music). The second time, dance it all the way through for two walls with the final turn being a $\frac{3}{4}$ turn (rather than a $\frac{1}{2}$ turn) so that the dance is finished facing the front wall. Finish the dance with a triple step (L-R-L) in place (rather than the shuffle forward).

WALK RIGHT, LEFT, KICK RIGHT, COASTER, KICK BALL CHANGE

- | | |
|-----|-------------------------------------------------------------|
| 1-2 | Step right forward, step left forward |
| 3-4 | Kick right forward, step right back |
| 5&6 | Step left back, step right together, step left forward |
| 7&8 | Kick right forward, step right together, step left in place |

[9-16] Repeat 1-8

IRISH HEEL/TOE TOUCHES (TWICE, RIGHT THEN LEFT)

Place hands on hips during next 16 counts

- | | |
|-------|------------------------------------------------------------------------|
| 17&18 | Touch right heel forward, step right together, touch left toe together |
| 19&20 | Touch left heel forward, step left together, touch right toe together |

[21-24] Repeat 17-20

RIGHT FORWARD, SIDE, TRIPLE (RIGHT THEN LEFT)

- | | |
|-------|----------------------------------------------------|
| 25-26 | Touch right heel forward, touch right heel to side |
| 27&28 | Triple in place right, left, right |
| 29-30 | Touch left heel forward, touch left heel to side |
| 31&32 | Triple in place left, right, left |

RIGHT STEP TO RIGHT, SLIDE, TURN $\frac{1}{4}$ SHUFFLE, STEP, PIVOT, SHUFFLE

(Remove hands from hips now)

- | | |
|-------|----------------------------------------------------------------------|
| 33-34 | Step right to side, slide/step left together (clap) |
| 35&36 | Shuffle side turning $\frac{1}{4}$ right and step right, left, right |
| 37-38 | Step left forward, turn $\frac{1}{2}$ right (weight to right) |
| 39&40 | Shuffle forward left, right, left |

PART D (Celtic Slide)

Description: 32 count, 4 wall, beginner/intermediate line dance

Choreographed by: Jenifer Wolf

On-line step sheet with videos:

<https://www.copperknob.co.uk/stepsheets/86302/celtic-slide>

Note: Part D is danced all the way through for two walls, and then go right back into

Part C (you can hear the change in the music).

STOMP, SLIDE, STOMP, SLIDE, GRAPEVINE, STOMP, STOMP

1-2	Stomp right forward, slide right back beside left
3-4	Stomp right forward, slide right back beside left
5-6	Step right to side, cross left behind right
7&8	Step right to side, stomp left, stomp right

STOMP, SLIDE, STOMP, SLIDE, GRAPEVINE, STOMP, STOMP

1-2	Stomp left forward, slide left back beside right
3-4	Stomp left forward, slide left back beside right
5-6	Step left to side, cross right behind left
7&8	Step left to side, stomp right, stomp left

SHUFFLE, SHUFFLE, STEP, TURN 1/8, STEP, TURN 1/8

1&2	Step right forward, cross left behind right, step right forward
3&4	Chassé forward left, right, left
5-6	Step right forward, turn 1/8 left onto left (turn to face the corner)
7-8	Step right forward, turn 1/8 left onto left (you have made ¼ turn total to face new wall)

HEEL, HEEL, HEEL, STOMP, STOMP, HEEL SPLITS, HEELS OUT, HOLD, HEEL SPLITS -TWICE

1&	Place right heel in front, step on right beside left
2&	Place left heel in front, step on left beside right
3	Place right heel in front
&4	Stomp right beside left, 2 times
5&	Both heels out, bring both heels together
6&	Both heel out, hold
7&	Bring heels together, both heels out
8	Bring both heels together

Last Update - 24 Jul. 2024 - R1

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